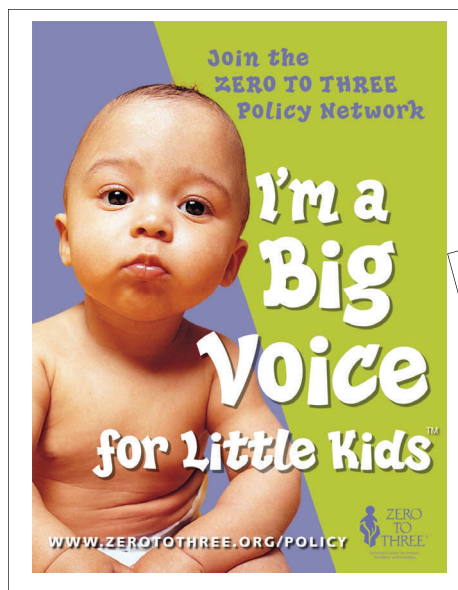


MAY 2011

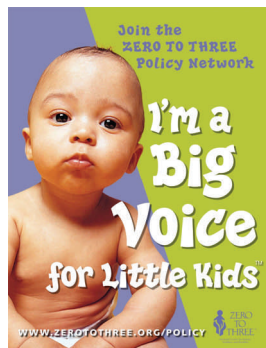


ZERO TO THREE Policy Network Advocacy Developmental Milestone Calendar

During the month of May, it's time to focus on the emotional health of infants and toddlers in honor of Mental Health Month. Your challenge this month is to invite three people who work with young children to meet you for coffee on May 3rd to talk about early childhood mental health and how you can help policymakers recognize and support this important aspect of development.



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 Children's Mental Health Awareness Day	4	5	6	7
8 Mother's Day	9	10	11	12	13	14
15	16	17	18	19	20	21
	U.S. House of Representatives Recess					
22	23	24	25	26	27	28
29	30 Memorial Day Recess	31	U.S. Senate Recess		It's Foster Care Month	It's Better Hearing & Speech Month



MAY 2011 ADVOCACY DEVELOPMENTAL MILESTONE

Take Action Now!

During the month of May, it's time to focus on the emotional health of infants and toddlers in honor of Mental Health Month. Your challenge this month is to invite three people who work with young children to meet you for coffee on May 3rd — Children's Mental Health Awareness Day — to talk about infant and early childhood mental health, and how you can help policymakers recognize and support this important aspect of development.

It's as Easy as 1-2-3

1. Think of three infant-toddler professionals that you would like to get to know better and invite them to join you for coffee on Tuesday, May 3rd for [Children's Mental Health Awareness Day](#).
2. Over coffee, talk about infant and early childhood mental health and the ways in which it impacts on your work with very young children. Discuss how all of you can help policymakers recognize the importance of social-emotional development to a child's ability to learn and succeed in school, as well as ways in which policymakers can promote policies and programs to support the mental health of young children.
3. Bring your colleagues resources about infant and early childhood mental health and the ways in which policy can be utilized to support the emotional health of young children.

Resources to Share and Use in Advocating for the Social and Emotional Health of Very Young Children

- Check out the [resources](#) specifically designed to promote Children's Mental Health Awareness Day.
- Communicating about mental health is challenging, so read the latest article in our framing series, *How to Talk About Early Childhood Mental Health*, featuring new research from The FrameWorks Institute.
- And don't forget the ZERO TO THREE Policy brief, [Laying the Foundation for Early Development: Infant and Early Childhood Mental Health](#) for policy recommendations, a summary of the research, and more.

Tell Us About It!

We are eager to hear about your experiences advocating for babies and toddlers, so that we can continue to improve the support we give you as an advocate. After you have completed this month's Advocacy Developmental Milestone challenge, please tell us all about it by [clicking here](#).