

## **Numerical Codes for DC:0–5™**

The *Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood* (DC:0–5™) was published by ZERO TO THREE in 2016. In this publication, disorders were named but not assigned numerical codes. As DC:0–5 began to be implemented worldwide, it became clear that having numerical codes for DC:0–5 disorders would facilitate inclusion of the DC:0–5 disorders in health care delivery systems and electronic health records. Having numerical codes for the DC:0–5 provides consistency among the various disorder lists and can also prevent misunderstanding and lack of clarity when translating diagnostic assessment reports into other languages.

The Diagnostic Classification Revision Task Force worked closely with representatives from the Nordic DC:0–5 Working Group to create the following numerical codes for each disorder in DC:0–5.

### **10 Neurodevelopmental Disorders**

- 10.1 Autism Spectrum Disorder
- 10.2 Early Atypical Autism Spectrum Disorder
- 10.3 Attention Deficit Hyperactivity Disorder
- 10.4 Overactivity Disorder of Toddlerhood
- 10.5 Global Developmental Delay
- 10.6 Developmental Language Disorder
- 10.7 Developmental Coordination Disorder
- 10.8 Other Neurodevelopmental Disorder of Infancy/Early Childhood

### **20 Sensory Processing Disorders**

- 20.1 Sensory Over-Responsivity Disorder
- 20.2 Sensory Under-Responsivity Disorder
- 20.3 Other Sensory Processing Disorder

### **30 Anxiety Disorders**

- 30.1 Separation Anxiety Disorder
- 30.2 Social Anxiety Disorder (Social Phobia)
- 30.3 Generalized Anxiety Disorder
- 30.4 Selective Mutism
- 30.5 Inhibition to Novelty Disorder
- 30.6 Other Anxiety Disorder of Infancy/Early Childhood

### **40 Mood Disorders**

- 40.1 Depressive Disorder of Early Childhood
- 40.2 Disorder of Dysregulated Anger and Aggression of Early Childhood
- 40.3 Other Mood Disorder of Early Childhood

### **50 Obsessive Compulsive and Related Disorders**

- 50.1 Obsessive Compulsive Disorder
- 50.2 Tourette's Disorder
- 50.3 Motor or Vocal Tic Disorder
- 50.4 Trichotillomania
- 50.5 Skin Picking Disorder of Infancy/Early Childhood
- 50.6 Other Obsessive Compulsive and Related Disorder

#### 60 Sleep, Eating, and Crying Disorders

- 60.1 Sleep Onset Disorder
- 60.2 Night Waking Disorder
- 60.3 Partial Arousal Sleep Disorder
- 60.4 Nightmare Disorder of Early Childhood
- 60.5 Overeating Disorder
- 60.6 Undereating Disorder
- 60.7 Atypical Eating Disorder
- 60.8 Excessive Crying Disorder
- 60.9 Other Sleep, Eating, and Excessive Crying Disorder of Infancy/Early Childhood

#### 70 Trauma, Stress, and Deprivation Disorders

- 70.1 Posttraumatic Stress Disorder
- 70.2 Adjustment Disorder
- 70.3 Complicated Grief Disorder of Infancy/Early Childhood
- 70.4 Reactive Attachment Disorder
- 70.5 Disinhibited Social Engagement Disorder
- 70.6 Other Trauma, Stress, and Deprivation Disorder of Infancy/Early Childhood

#### 80 Relationship Disorders

- 80.1 Relationship Specific Disorder of Infancy/Early Childhood