Hand in Hand Directory of Publications and Resources

The Hand in Hand directory includes a guide, three briefs, and nine stories developed by the Model Convening Project, accompanied by an annotated list of related resources. The project partners represent four national, evidence-based models:

- **Family Connects** is a population-based health program that enhances the local network of care by providing nurse home visits to all parents of newborns during the first month of life. During the visit, the nurse provides information, conducts health assessments, and makes connections to community resources that are needed.

- **HealthySteps**, a program of ZERO TO THREE, integrates a child development expert into the pediatric primary care team to promote nurturing parenting and healthy development for babies and toddlers, particularly in areas where there have been persistent inequities for families with low incomes and families of color.

- **Help Me Grow** supports communities in strengthening their early childhood systems through centralized access points, family and community outreach, child health care provider outreach, and data collection and analysis.

- **Nurse-Family Partnership (NFP)** provides nurse home visits to first-time moms and children living in poverty or with other risk factors. Services are provided prenatally to the child’s second birthday.

The project partners are exploring ways to have a greater impact on young children and their families in communities where their programs overlap. While the four models were the starting point for the project, their local experiences reveal a broad range of community partners who play important roles in early childhood collaboration.

The project is a multi-year initiative, with leadership and facilitation from ZERO TO THREE and funding from the [Pritzker Children’s Initiative.](#) Contributors to the Hand in Hand publications are recognized in the [Acknowledgments](#).

---

© 2021 ZERO TO THREE.
Hand in Hand Resources

HAND IN HAND FRAMEWORK GUIDE

The Hand in Hand framework is a collaborative approach to supporting positive, equitable outcomes for all young children and their families. It envisions a nation where all babies are born into communities of opportunity that provide them with what they need, where they need it, and when they need it. The guide includes an introduction to the framework, guiding principles, description of the key elements, applications of the framework in communities, and questions for communities to consider when using the framework.

HAND IN HAND BRIEFS

In addition to the guide, three briefs elaborate on the experiences and insights of shared communities, where two or more Model Convening Project partners have affiliates/sites. They include the following topics:

1. "Aligning Early Childhood Services in Communities" describes a variety of approaches to align early childhood services in order to reach more families, improve coordination of services, and strengthen systems of care.

2. "Public Policy Advocacy for Early Childhood" describes four successful policy initiatives to strengthen early childhood systems at state, county, and municipal levels.

3. "Advancing Racial Equity in Early Childhood Systems" focuses on community efforts to advance equity in the areas of parent leadership, program development, system building, and policymaking.

HAND IN HAND STORY BANK

The stories feature examples of how people and organizations are collaborating in communities to improve outcomes for young children and their families. The stories were developed by the Model Convening Project in partnership with local affiliates and include interviews with families, service providers, and other stakeholders.

- "Parent Leadership in Early Childhood Systems: Lessons Learned from Three Communities" describes efforts to strengthen parent leadership in ways that promote racial equity and inclusion in Liberty City, Florida; Kent County, Michigan; and Multnomah County, Oregon. This story was co-produced by the Model Convening Project and the National Collaborative for Infants & Toddlers Capacity-Building Hub.

- "Meeting Parents Where They Are" is based on an interview with Denise Brown from Jacksonville, Florida, who shared her experience as a parent and advice on how to support the development of parent leaders.

- "Paying It Forward" is based on an interview with Fatimah Jeffery from Edison, New Jersey, who shared her experience as a parent and the importance of providing emotional support to parents with young children.

- "Creating a Centralized Access Point on Long Island, New York" is based on an interview with Melissa Passarelli, Help Me Grow Long Island Coordinator, about lessons learned in the development of a centralized access point for early childhood programs and its role in responding to families’ basic needs during COVID-19.

- "Community Alignment in Guilford County, North Carolina" describes efforts to align and strengthen collaboration among early childhood programs in the Greensboro area, with leadership from the Get Ready Guilford Initiative.

- "Building Relationships in Service to Families" is based on an interview with Phyllis D’Agostino, who reflected on her many years of experience supporting pregnant women and families with young children, including her current work with Family Connects in Forsyth County, North Carolina.

- "Striving for Racial Equity in Tarrant County, Texas" describes the work of the Early Learning Alliance to help all children in the Fort Worth area achieve success in school and in life and to eliminate disparities that undermine child well-being.
• “Addressing Racism as a Public Health Crisis” is based on an interview with Psychologist Dominique Charlot-Swilley, who co-leads the design, implementation, and evaluation of ZERO to THREE’s HealthySteps in Washington, DC.

• “Public Policy Advocacy in the District of Columbia” describes a successful collaborative effort to pass the Birth-to-Three for All DC Act of 2018 and advocate for its implementation and funding.

Other Resources by Topic

PUBLIC POLICY ADVOCACY

• The State of Babies Yearbook, developed by ZERO TO THREE, provides policymakers and advocates with national and state-level data profiles to help them advance policies to improve the lives of babies and families. The Yearbook compiles 60 indicators to measure progress across three policy areas: good health, strong families, and positive early learning experiences.

• The Prenatal-to-3 State Policy Roadmap of the Prenatal-to-3 Policy Impact Center provides a data profile for each state on its progress in implementing effective solutions to foster the nurturing environments infants and toddlers need. The Roadmap currently includes 8 policy goals, 5 effective policies, 6 effective strategies, and outcome measures for the well-being of young children and their families.

RACIAL EQUITY

• “How Racism Can Affect Child Development” is an illustrated explanation developed by the Center for the Developing Child at Harvard University.

• “Restoring Dignity: Addressing Structural Racism, Childhood Adversity, and Child Health through Reimagined Community Partnerships” is a podcast featuring Dr. Renee Boynton-Jarrett’s presentation at the 2021 Honorary Dworkin Pediatric Grand Rounds at Connecticut Children’s Medical Center. Dr. Boynton-Jarrett is a pediatrician and social epidemiologist and the founding director of the Vital Village Community Engagement Network. The podcast is listed by its date on 3/2/21.

• Supporting the First 1,000 Days of A Child’s Life: An Anti-Racist Blueprint for Early Childhood Well-Being and Child Welfare Prevention, by Alexandra Citrin, et al., is a publication of the Center for the Study of Social Policy.

• The Center for Urban and Racial Equity partners with people and organizations to advance equity and justice through policy, systems, institutional, community, and societal change. The Center does this through research and analysis, strategic planning and consulting, and training and community engagement strategies that address systemic barriers to racial equity.

PARENT LEADERSHIP

• Community Organizing and Family Issues (COFI) uses parents’ strengths and commitment to their children and to their neighborhoods to help make positive change in their own lives, their families, and their communities.

• Popular Education is an effective strategy for sharing information, building skills, and developing leadership. In a health promotion context, Popular Education helps people analyze the root causes of ill health and create healthier and more just communities.

• The Parent Leader Network of the Center for the Study of Social Policy (CSSP) brings together parents from across the country to collaborate, build leadership skills, advance racial equity, and advocate for change in early childhood systems.

• The Manifesto for Race Equity and Parent Leadership in Early Childhood Systems, another CSSP initiative, was created in 2018 to help early childhood systems learn to work with parents in ways that promote equitable outcomes and maximize opportunities for all children.

• Talking is Teaching is a universal developmental health community campaign. With the support of the Clinton Foundation, parents in Liberty City,
Florida, created the parent edition and now train other parents on how to create and lead developmental health campaigns.

- Cultural Humility Training was developed by the California Prevention Training Center for people working to address health disparities in their communities. The training covers the concept and principles of cultural humility, including lifelong learning and critical self-reflection, recognizing and challenging power imbalances, and institutional accountability.

**RESPONSES TO COVID-19**

- *Using Help Me Grow to Support Families Through COVID-19* is a report by the Help Me Grow National Center that describes the various ways affiliates have employed seven key elements of the Help Me Grow model to support families impacted by COVID-19.

- “Opening ‘so many doors for families’: COVID-19 underscores importance of wraparound care for new moms and children” by Jayne O’Donnell, USA TODAY, October 20, 2020, includes interviews with staff and parents from HealthySteps and Nurse-Family Partnership.

**OUTCOME MEASUREMENT**

- “Prenatal-to-Three Outcomes Framework Brief,” published by the National Collaborative for Infants & Toddlers (NCIT), summarizes a set of evidence-based metrics developed to track the health and development of children prenatal to age 3 with data that are comparable and reliable across states, communities, and diverse families.

- “NCIT Data Case Story: Addressing Data Challenges to Track Progress on Community Initiatives,” published by the National Collaborative for Infants & Toddlers, highlights efforts in Dauphin County, PA; Minneapolis, MN; and Tarrant County, TX, to tailor the NCIT Outcomes Framework to meet the unique needs of the children, families, programs, and services in their areas.

- The IMPACT (Integrated Measurement, Program Assessment, and Collaborative Tools) Measures Repository is a centralized, regularly updated web-based repository and search engine, dedicated to informing and educating various stakeholders in the field (e.g., program developers, practitioners, community members, childcare providers, social entrepreneurs, and academic researchers). The IMPACT Measures Repository is currently being created and will include an exhaustive list of measures that can be used to evaluate the efficacy and effectiveness of programs supporting caregivers and their young children. These include measures of infant and early child development (0-5 years of age), childcare quality, parent-child interaction, and caregiver health and well-being.