



**ZERO TO THREE**  
**LEARN** *Conference*  
JUL 31–AUG 1, 2024  
LONG BEACH, CA

# Preliminary Program

Visit [ZERO TO THREE LEARN Conference 2024](#) to register and for the latest information.

## Schedule-at-a-Glance\*

### Tuesday, July 30

9:00 am – 4:00 PM

Preconference Forums

### Wednesday, July 31

7:00 – 7:30 AM

Morning Stretch & Move Options

7:00 – 9:00 AM

Registration & Attendee Support Open

7:30 – 9:00 AM

Coffee in Exhibit Hall

9:00 – 10:00 AM

Opening and Practice Plenary Session

10:00 – 10:30 AM

Break and Transition to Sessions

10:30 – 11:30 AM

Sessions Block 1

11:30 AM – 1:00 PM

Break: Lunch on your own + exhibits w/poster showcase live Q&A

1:00 – 2:00 PM

Sessions Block 2

2:00 – 2:30 PM

Break and Transition to Sessions

2:30 – 3:30 PM

Sessions Block 3

3:30 – 4:00 PM

Break and Transition to Plenary

4:00 – 5:00 PM

Research/Science Plenary

5:00 – 7:00 PM

Reception

### Thursday, August 1

7:00 – 7:30 AM

Morning Stretch & Move Options

7:00 – 9:00 AM

Registration & Attendee Support Open

7:30 – 9:00 AM

Coffee in Exhibit Hall

9:00 – 10:00 AM

Policy Plenary Session

10:00 – 10:30 AM

Break and Transition to Sessions

10:30 – 11:30 AM

Sessions Block 1

11:30 AM – 1:00 PM

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Sessions Block 2

2:00 – 2:30 PM

Break and Transition to Sessions

2:30 – 3:30 PM

Sessions Block 3

3:30 – 4:00 PM

Break and Transition to Plenary

4:00 – 5:00 PM

Keynote

5:00 PM

Conference Adjourns

\*Note: Schedule is listed in Pacific Time. Schedule subject to change.

## About the Preliminary Program

### Primary and Secondary Audiences

Each LEARN Conference session is labeled with the primary and secondary early childhood professionals it is designed for:

- Infant and Early Childhood Mental Health (IECMH)
- Early Childhood Education (ECE)
- Early Identification and Intervention (EII)
- Child Welfare and Social Services (CWSS)
- HealthySteps
- Multi-discipline

### Primary P-5 Competencies Domain

[The ZERO TO THREE Competencies for Prenatal to Age 5 \(P-5\) Professionals™](#) (P-5 Competencies) provide a universal set of competencies necessary for all prenatal-5 service providers, supervisors, and managers. The P-5 Competencies frame all of ZERO TO THREE's professional development offerings, including the LEARN Conference. Each LEARN Conference session is labeled with the primary P-5 Competencies domain its content covers:

- P5-1. Early Childhood Development
- P5-2. Family-Centered Practice
- P5-3. Relationship-Based Practice
- P5-4. Health and Development Risk and Protective Factors
- P5-5. Cultural and Linguistic Responsiveness
- P5-6. Leadership to Meet Family Needs and Improve Services and Systems
- P5-7. Professional and Ethical Practices
- P5-8. Service Planning, Coordination, and Collaboration

### Content-Levels

The LEARN Conference is designed to provide introductory and intermediate-level offerings. Each LEARN Conference session is labeled with its content level:

- **Introductory:** session is designed for participants new to this content and interested in an overview and understanding of the content in field context.
- **Intermediate:** session is designed for participants familiar with this content and interested in deeper dives into the content topic.

## Preconference Forums (2)

Tuesday, July 30

9:00 am to 4:00 pm PT

### 1. Power Play: A Play-Based Approach to Equity, Belonging, and Leadership

- **Faculty:** Nat Vikitsreth, LCSW, DT, CEIM, Come Back to Care
- **Designed for:**
  - Multi-Discipline & IECMH
  - Program/Service Administrator, Policymaker/Advocate
- **P-5 Doman:** Domain 6. Leadership to Meet Family Needs and Improve Services and Systems
- **Content Level:** Intermediate
- **Description:** Sharing power and building belonging in organizations requires political analysis, self-awareness, and agility. During this interactive forum, participants will engage in various play-based, group exercises designed to cultivate flexibility in leadership so that their actions emerge from a place of dignity rather than rigidity. Participants will explore and discover their decision-making patterns of under-accountability, over-accountability, power-with, and power-over. These understandings can nurture equity-centered use of power and agile leadership that participants can implement in their organizations to cultivate belonging. They will engage in a group discussion between each activity to debrief their discoveries and integrate them into their leadership practices.

### 2. Diversity-Informed Reflective Supervision and Consultation: A Road to Transformational Change and Liberation in Reflective Supervision and Consultation

- **Faculty:** Carmen Rosa Norona, LICSW, MEd, IECMH-E® and Nucha Isarowong, PhD, LICSW, IMH-E®, Advanced Clinical Training (ACT) Program, Barnard Center for Infant and Early Childhood Mental Health, University of Washington
- **Designed for:**
  - Multi-Discipline
  - Direct Service Professional, Program/Service Administrator, Adult Educator, Parent Education/Support Provider, Policymaker/Advocate, Researcher
- **P-5 Doman:** Domain 7. Professional and Ethical Practices
- **Content Level:** Intermediate
- **Description:** Dominant perspectives and practices in reflective supervision and consultation (RS/C) in infant and early childhood mental health perpetuate systemic inequities. This forum proposes a transformative approach to RS/C practice guided by the [Diversity-Informed Tenets for Work with Infants, Children, and Families](#) and principles of antiracism, racial equity, and decolonization. Critical self-reflection and deepened self-awareness are proposed as tools for understanding one's beliefs, values, and background, fostering intentional, responsible, accountable, and transformative relationships that honor human dignity. Through multi-modal engagement, participants will learn about essential components of diversity-informed RS/C and engage in reflective exercises that promote their learning and planning for actions to transform their RS/C practice. Join this forum to contribute to a paradigm shift in RS/C, fostering inclusivity, equity, sustainable practice change, and liberation.

## About the Conference Session Types

### What are Poster Presentations?

- Poster Presentations use text and graphics to share a concise visual presentation of:
  - research concepts and questions, studies, and/or findings; or
  - the story of field knowledge, models, processes or other implementation projects, and/or lessons learned.
- Poster Presentations will be displayed throughout the LEARN Conference with live Q&A during the lunch break each day.

### What are Baby Talks?

- Baby Talk presentations summarize one powerful idea and tee-up one related question or consideration for discussion.
- Each Baby Talk Group begins with 30 minutes of 3 back-to-back presentations, followed by 30 minutes of interactive discussion amongst the presenters and the session participants.

### What are Lecture sessions?

- Lecture Sessions present new information or evolving understandings about a specific topic, process, or issue.
- Lecture Sessions provide 60-minutes of content presentation or information sharing, with Q&A incorporated.

### What are Issue Intensives?

- Issue Intensives have a deep dive focus on an early childhood topic, process, or issue and include opportunities for learners to explore ways to use and apply the content in their work.
- Issue Intensives include a mixture of presentation/information sharing to set context and interactive activities.
- Issue Intensives are delivered in 2-parts, each 60 minutes for a total of 120 minutes (2 hours).

## Wednesday, July 31

9:00–10:00 AM

### Opening and Practice Plenary Session

#### *Creating Space for Healing—Lessons From The Friendship Bench*

P5-3. Relationship-Based Practice, Introductory, Multi-discipline

- Speaker: Dixon Chibanda
  - Discussant: Natasha Pérez Byars, MS, MSW, LICSW, Indigo Cultural Center
- Description: Join us for an enlightening Practice Plenary featuring Dr. Dixon Chibanda, a dynamic professor in psychiatry and the visionary director of the African Mental Health Initiative (AMARI). Dr. Chibanda founded the Friendship Bench program, a cognitive-behavioral therapy-based approach addressing kufungisisa, colloquially known as “thinking too much”, a local term for depression. The groundbreaking Friendship Bench program provides interventions delivered by trained lay health workers to help bridge the treatment gap for mental, neurological, and substance use disorders. Witness the remarkable success of this scalable approach. Join us as Dr. Chibanda shares his journey of thinking outside the box to empower individuals and build community capacity, and discusses applications and potentials for early childhood professionals and systems to consider.

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10:00–10:30 AM

### Break and Transition to Sessions

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10:30–11:30 AM

### Sessions Block 1 (A Sessions)

#### **Baby Talks (BT) Group A: *Empowering Collaborations and Community Engagement***

**BT-A1:** Churches as Allies in the Development of Latine and Black Children

**Tags:** P5-6, Introductory, Multi-discipline & Child Welfare

**Description:** Examine the critical role churches can play in the positive development of Black and Latine babies and young children. Learn about the benefits of seeing churches as key allies in the fight for equity.

**Presenter:** Sandra Ovalle, MA, Sojourners.

## **BT-A2:** CARES: Let's Talk About Partnering with Families

**Tags:** P5-2, Introductory, ECE & EI

**Description:** The CARES Framework was developed based on feedback from hundreds of families and is now validated by 2000+ families. The team's analysis revealed five themes: (1) Communication, (2) Academic Content, (3) Relationships, (4) Expectations, and (5) Support. Join us in this Baby Talk as we define family engagement, present key framework areas, and encourage discussion on effective family partnerships.

**Presenter:** Jennifer Torres, EdD, MEd, Waterford.org.

## **BT-A3:** Authentic Partnering with Caregivers and Communities in Systems Level Change: Reflections and Lessons Learned

**Tags:** P5-6, Introductory, Multi-discipline

**Description:** Learn how caregiver and community voices can be incorporated into advocacy and policy. Examine how we as the early childhood field can truly partner with the community in each aspect of decision-making and collectively implement what we all decide.

**Presenter:** Allison H. Lowe-Fotos, MSW, LCSW, I-ECMH-C, Start Early.

## Lecture Sessions (LS) Group A

### **LS-A1:** Building Stronger Child Outcomes by Strengthening Fathers

**Tags:** P5-4, Intermediate, IECMH & Multi-discipline

**Description:** Fathers play an important role in the early development of their children yet many programs are at a loss for how to engage them. Hear how Strong Fathers-Strong Families, LLC has worked with fathers to identify core issues with engagement programs to develop best practices for dads in early childhood programming. Join us to explore what research tells us about outreach to fathers and program offerings that specifically appeal to them.

**Presenter:** J. Michael Hall, MEd, Strong Fathers-Strong Families, LLC.

### **LS-A2:** Ollin (Movement): Moving with Intention, Heart, and Cultivating Hope in Community with Children and Their Caring Adults

**Tags:** P5-4, Intermediate, IECMH & Multi-discipline

**Description:** Take part in an interactive presentation where you will write/journal, engage in dialogue, and build connections in a fun, safe, and joyful environment. Presenters will integrate cultural rituals and sensory and somatic practices to support our collective healing and grounding.

**Presenters:** Daniel Segundo, LCSW, Jocelyn Panfilo, LCSW, & Cindy Urquidez, ACSW, Instituto Familiar de la Raza.

## **LS-A3:** Centering the Parent's Voice: Using Video Observation for Joint Reflection

**Tags:** P5-3, Introductory, IECMH & Child Welfare (CW)

**Description:** Explore how joint reflective observation supports professionals' understanding of the family's cultural context and values, how a parent experiences their relationship with their child, and identifying the unique strengths and needs of a particular caregiver.

**Presenter:** Kimberlee Shoecraft, LICSW, SUDP, IMH-E®, Barnard Center at the University of Washington School of Nursing.

## **LS-A4:** Supporting Toddlers' Identity Development through Emotionally Responsive Practice

**Tags:** P5-1, Introductory, IECMH & ECE

**Description:** Learn the core concepts of Emotionally Responsive Practice and how to relate those concepts and developmental milestones to the children in your care. You will leave this session comfortable with using the ERP milestones to foster positive identity development in very young children through small group activities, reflection, and discussions.

**Presenters:** Alex Martinez, LCSWA, MSEd, Bank Street Family Center and Anna Peterson, MA, Verner Center for Early Learning.

## **LS-A5:** The Impact of Implicit Bias in the Pre-School Classroom

**Tags:** P5-5, Introductory, Multi-discipline

**Description:** =Unpack implicit bias and the impact it has in early childhood education. We will first understand our own biases, next learn to identify biases in our places of work and finally, create a plan to address them. This space is for healing and growth.

**Presenter:** William L. White Jr., PhD, North Seattle College.

## **LS-A6 *Featuring ZTT work:*** Transgenerational Caregiving: Supporting Grandparents as Caregivers in Child Welfare Settings

**Tags:** P5-2, Intermediate, Child Welfare & IECMH

**Description:** Develop an understanding of the unique needs of grandparents in the child welfare system. Learn to effectively engage grand-caregivers in services, including methods for facilitating healthy co-parenting between grandparents and parents. Through reflective discussion, consider how lived experiences and values inform your work.

**Presenters:** Mike Sherman, PsyD, Safe Babies, a program of ZERO TO THREE; Sufna John, PhD, University of Arkansas for Medical Sciences: Arkansas Building Effective Services for Trauma (ARBEST); and Lili Gray, LCSW, RYT, CPP.

## **LS-A7 *HealthySteps Session:*** Application of the ZERO TO THREE HealthySteps Specialist Competencies within the Tulsa Oklahoma Program

**Tags:** P-7, Intermediate, HealthySteps

**Description:** Hear about the Tulsa HealthySteps Program model for promoting and embracing the HealthySteps Specialist Competencies. Learn how important our Creation of a Competency

Self-Reflection tool is to empower staff to consider their work. Develop ideas to use the competencies in your program as a key takeaway.

**Presenters:** Nicolle Moore, LMFT, IMH-E®, Jessica Richardson, LCSW, IMH-E®, & Monique Huff, M.Ed, IMH-E®, The Parent Child Center of Tulsa.

## Issue Intensives (II) Group A, Part 1 of 2

### II-A1, Part 1: Revolutionizing Reflective Practice: What Needs to be Revolutionized in IECMH?

**Tags:** P5-7, Intermediate, Multi-discipline

**Description:** You are invited to reflect on the revolutionary uses of reflective practice to challenge systems of oppression and deepen our connection to the communities we serve. Together, we will learn about the theoretical underpinnings and building blocks of Revolutionary Reflective Practice (RRP).

**Presenters:** Monica Noriega, PsyD, Department of Psychiatry and Behavioral Sciences, Child Trauma Research Program, University of California San Francisco and Monica Mathur Kalluri, OTD, WestEd.

### II-A2, Part 1: Community Attachment as the Vehicle to Strengthen Caregiver-Child Relationships

**Tags:** P5-5, Intermediate, IECMH & ECE

**Description:** Working in communities of color, we recognize the importance of community attachment as central to infant well-being. Learn how to foster a community attachment framework when working with marginalized communities of color. Through challenging the mental health approach rooted in individualism and pathology, you are encouraged to critically reflect on your worldview and training. Discover an approach that centers the importance of working within community, building trust and safety.

**Presenters:** Cassandra Coe, LCSW & Linda Mora, PhD, Instituto Familiar de la Raza; and Tone Va'i, LCSW, Samoan Community Development Center.

### II-A3, Part 1: Building Effective Group Supervision to Grow Connection and Collaboration

**Tags:** P5-7, Intermediate, IECMH & EI

**Description:** Explore the differences between individual and group supervision, and learn the structural and process elements for successful group reflective supervision. Group dilemmas will be used to highlight necessary skills. Consider how group supervision can be leveraged to provide a laboratory to discuss differences.

**Presenters:** Salam Soliman, PsyD; and Sherry Heller, PhD & Deborrah Bremond, PhD, Reflective Supervision Collaborative.

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**11:30 AM–1:00 PM**

**Lunch Break + Exhibits w/Poster Presentations Live Q&A**

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1:00–2:00 PM

Sessions Block 2 (B Sessions + II-A, Part 2)

**Baby Talks (BT) Group B: *Fostering Inclusivity and Wellness***

**BT-B1:** Reflective Practice as a Disruptor of Biases: Advancing Equity within Early Childhood Systems

**Tags:** P5-3, Introductory, IECMH & ECE

**Description:** The implementation of reflective practice within early childhood systems is vital to fostering relationship-based and equitable practices. Learn about a relationship-based, diversity-informed model delivered by California’s IECMHC Network that supports IECMH Consultants, Reflective Practice Facilitators and Administrators in reflective practice.

**Presenter:** Shauna Dabiri-far, LMFT, IFECMHS, RPF II, WestEd and Debbie Reno-Smith, LMFT, IFECMH-RPM & Jennifer Miller, MA, WestEd’s IECMHC Network.

**BT-B2:** Flipping the Pathology Paradigm: Using Neurodiversity Affirming Language to Frame Development

**Tags:** P5-1, Introductory, EI & Multi-discipline

**Description:** Reflect on how the pathology paradigm can influence written and verbal communication of developmental differences/diagnoses to caregivers. By flipping pathologizing communication, you can offer neurodiversity affirming perspectives early in the child’s identification process, helping frame behaviors/traits through strengths-based means.

**Presenter:** Christine Turnbull, OTD OTR/L BCP, University of Southern California.

**BT-B3:** Integrating Domains of Wellness and the Five Protective Factors: An Evolution in Family-Centered Practice

**Tags:** P5-4, Intermediate, Multi-discipline & IECMH

**Description:** Learn about and discuss a practice model that describes the relationship between the Five Protective Factors and Domains of Wellness. This developing model aims to strengthen the quality of our work and mirror the communities we serve. Consider implications for research, training, education, and service delivery to reduce toxic stress.

**Presenters:** Malcolm Gaines, PsyD and Karissa M. Lockett RN, BSN, MSW, Safe & Sound.

**Lecture Sessions (LS) Group B**

**LS-B1:** Dismantling the Deficit View: Uplifting Young Black Boys

**Tags:** P5-5, Introductory, ECE & Multi-discipline

**Description:** Decades of research studies argue for national investment in high-quality early childhood education (ECE) for Black children. High-quality ECE for children “at-risk” for school failure has the potential to close the achievement gap, but Black children with and without dis/abilities are often positioned “at-risk” because of their race rather than differences in access

to high-quality ECE, systemic racism, and anti-Blackness bias. The education system often communicates to young Black boys that they are not valued, are broken, or deficient, causing students to develop a lower sense of self and stifle their positive identity formation. Join this session to explore culturally responsive practices and strategies to support the social-emotional development of young Black boys.

**Presenters:** Monique Matute-Chavarria, PhD, New Mexico State University and William White, PhD, North Seattle College.

### **LS-B2:** Holding Hearts, Healing Minds: Supporting Infants, Young Children and Their Caregivers in Times of Emergencies and Community Trauma

**Tags:** P5-3, Introductory, IECMH & Multi-discipline

**Description:** Follow AIMHiTN's journey to create and implement an innovative, relationship-based approach to emergency preparedness and response for infants, young children, and caregivers. You will learn the implications for the full spectrum of implementation from funding, program development and implementation, and providing technical assistance and response.

**Presenters:** Keena Friday-Gilbert, LMSW, MBA, IECMH-E® & Katie Woodard, B.S., IMH-E®, Association of Infant Mental Health in Tennessee (AIMHiTN); and Mackenzie Mattingly, MSW, LCSW, Allied Behavioral Health Services.

### **LS-B3:** Bringing the Basics to Amarillo: An Equity Assessment of Parents' Knowledge of Child Development

**Tags:** P5-4, Introductory, ECE & EI

**Description:** Operation First Five (OF5) is a coalition of citizens in Amarillo, Texas formed to support families raising children from birth to five years old. OF5's mission is to ensure children in Amarillo, Texas grow up healthy, food secure, and prepared for school success. Learn about the inception of OF5; the development, distribution, and results of a community survey; and the actions OF5 is taking to fulfill this mission. Be inspired to bring change to your community and advocate for children who face the most risk factors.

**Presenter:** Traci Fredman, PhD, CCC-SLP, West Texas A&M University.

### **LS-B4:** Culturally-Informed and Sensitive: Promoting Family Engagement in Early Childhood Development with Spanish-Speaking Families

**Tags:** P5-5, Intermediate, IECMH & EI

**Description:** Join an interactive session for direct-service professionals which will (a) explore evidence-based developmental milestones within the context of Spanish-speaking cultures, (b) present Spanish-speaking parents' expressed higher- and lower-valued developmental milestones, (c) provide a tool with Spanish-speaking families' reported higher-valued milestones, and (d) activity to practice implementation of tool that promotes culturally-informed family engagement.

**Presenter:** Sherri L. Alderman, MD, MPH, IMHM-E Policy & Clinical, FAAP, Alderman Boreal Consulting, LLC.

### LS-B5: Creating Supports for Families and Caregivers of Children Who Experienced Prenatal Substance Exposure

**Tags:** P5-2, Intermediate, Multi-discipline & ECE

**Description:** Examine data on prenatal substance exposure and foster care entries due to parental substance use, and explore evidence-based interventions to support the children, parents and caregivers. Hear from a parent who worked with her child's foster parent to create supportive transitions. Engagement tools include polling and Climer Cards.

**Presenter:** Teri Kook, MSW, National Center on Substance Abuse and Child Welfare.

### LS-B6 *Featuring ZTT Work*: Sparking STEM Discovery: Using a Play-Based Approach to Support Toddler/Preschooler STEM Learning

**Tags:** P5-1, Introductory, ECE & EI

**Description:** For toddlers, STEM learning unfolds through play. But educator knowledge and planning can accelerate their mastery! Join us to learn how to bring playful learning to your program. Explore STEM activities that spark curiosity, joy and new skills, and discover how equity principles are a key part of STEM instruction.

**Presenters:** Rebecca Parlakian, MAEd, ZERO TO THREE and TBD.

### LS-B7 *HealthySteps Session (large room)*: Training Community Health Workers to be HealthySteps Specialists in a Federally Qualified Health Center

**Tags:** P-1, Intermediate, HealthySteps

**Description:** Learn how Community Health Workers (CHW) were trained as HealthySteps Specialists at a federally qualified health center that primarily serves low socioeconomic Chinese immigrant families. This session will share the integration of CHWs into the HealthySteps program model to enable fidelity to the HealthySteps program model. Training materials and specific approaches used to support the core competencies of the HealthySteps Specialist will be reviewed.

**Presenters:** Angela Chan, MD, MPH, Charles B. Wang Community Health Center and Polina Umylny, PhD, Montefiore Medical Center.

### LS-B8 *HealthySteps Session (small room)*: From Zero to Five: Orange County's Journey Toward Implementing HealthySteps in Five Federally Qualified Health Centers

**Tags:** P-8, Intermediate, HealthySteps

**Description:** As maternal and child health disparities increase and culturally responsive whole-child care is lacking, pediatric behavioral integration models are promising solutions using Medicaid funds. Discover the steps taken by First 5 OC to support sustainable HealthySteps implementation. Hear about performance metrics along with lessons learned from the pilot.

**Presenters:** Hoda Shawky, MSN, CPNP, PMHS, IBCLC & Kim Goll, First 5 Orange County; and Hanna Kleiner, LPCC, Share Ourselves Clinic.

## Issue Intensives (II) Group A, Part 2 of 2

### II-A1, Part 2: Revolutionizing Reflective Practice: What Needs to be Revolutionized in IECMH?

**Tags:** P5-7, Intermediate, Multi-discipline

**Description:** You are invited to reflect on the revolutionary uses of reflective practice to challenge systems of oppression and deepen our connection to the communities we serve. Together, we will learn about the theoretical underpinnings and building blocks of Revolutionary Reflective Practice (RRP).

**Presenters:** Monica Noriega, PsyD, Department of Psychiatry and Behavioral Sciences, Child Trauma Research Program, University of California San Francisco and Monica Mathur Kalluri, OTD, WestEd.

### II-A2, Part 2: Community Attachment as the Vehicle to Strengthen Caregiver-Child Relationships

**Tags:** P5-5, Intermediate, IECMH & ECE

**Description:** Working in communities of color, we recognize the importance of community attachment as central to infant well-being. Learn how to foster a community attachment framework when working with marginalized communities of color. Through challenging the mental health approach rooted in individualism and pathology, you are encouraged to critically reflect on your worldview and training. Discover an approach that centers the importance of working within community, building trust and safety.

**Presenters:** Cassandra Coe, LCSW & Linda Mora, PhD, Instituto Familiar de la Raza; and Tone Va'i, LCSW, Samoan Community Development Center.

### II-A3, Part 2: Building Effective Group Supervision to Grow Connection and Collaboration

**Tags:** P5-7, Intermediate, IECMH & EI

**Description:** Explore the differences between individual and group supervision, and learn the structural and process elements for successful group reflective supervision. Group dilemmas will be used to highlight necessary skills. Consider how group supervision can be leveraged to provide a laboratory to discuss differences.

**Presenters:** Salam Soliman, PsyD; and Sherry Heller, PhD & Deborrah Bremond, PhD, Reflective Supervision Collaborative.

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**2:00–2:30 PM**

**Break and Transition to Sessions**

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**2:30–3:30 PM**

**Sessions Block 3 (C Sessions)**

**Baby Talks (BT) Group C: *Fostering Early Literacy***

## **BT-C1:** Library Programming with Community Partners for Expectant Parents and Parents of Newborns

**Tags:** P5-3, Intermediate, ECE & Multi-discipline

**Description:** "Mother Goose on the Loose: Hatchlings" is a library-community partnership that empowers and equips expectant and new parents from underserved populations on their important role in building early literacy skills. Learn about joyful and asset-based ways to talk, play, sing, and share books with their babies from the very start.

**Presenters:** Betsy Diamant-Cohen, MLS, DCD, Mother Goose on the Loose, LLC and Carrie Sanders, MLS, Maryland State Library Agency.

## **BT-C2:** Storybooks and Milestones: Integrating Social-Emotional, Cognitive, and Language & Literacy Development from 0 to 3 with Culturally Relevant Children's Books

**Tags:** P5-5, Introductory, ECE

**Description:** Join us as we address systemic barriers in literacy access. We'll discuss culturally relevant approaches and practical strategies for educators. Learn from engaging discussions, shared experiences, and resource sharing that will empower you to promote equity in early literacy development for marginalized communities.

**Presenter:** Delilah Gonzales, EdD & Ingrid Haynes, PhD, Texas Southern University.

## **BT-C3:** The Book Harvest Early Literacy System of Care: A Model for Family Partnerships to Transform Early Childhood Literacy Development

**Tags:** P5-5, Introductory, ECE

**Description:** Through its Early Literacy System of Care, Book Harvest partners with families from birth through early childhood, providing books to every child, support to every parent, and

literacy throughout communities. Participants learn fundamentals of providing early literacy and language support using a culturally responsive framework for programming and family engagement.

**Presenters:** Wilmarie Cintron-Tyson & Cheri Coleman, MSW, Book Harvest.

## Lecture Sessions (LS) Group C

### **LS-C1:** Embracing the Bright Side: A Journey into the Power of Positive Childhood Experiences

**Tags:** P5-2, Introductory, Multi-discipline

**Description:** Learn about fostering positive childhood experiences (PCEs) collaboratively, promoting teamwork and shared success across sectors. Join us for a journey where collective efforts lead to innovative solutions that support children and their families' ability to thrive from prenatal and beyond.

**Presenters:** Teresa Alvarez, MA & Jessica Ramirez, BA, Carpinteria Children's Project.

### **LS-C2:** Meeting Reflective Practice Needs Across the Career Lifespan—Considerations for Early, Middle, and Late Career Stages

**Tags:** P5-3, Introductory, Multi-discipline

**Description:** Although we emphasize the importance of reflective practice throughout our careers, we rarely explore different needs across the career lifespan. Join us as three mental health clinicians use stories from the field to explore diverse needs from reflective spaces across early, middle, and late career stages.

**Presenters:** Sufna John, PhD, University of Arkansas for Medical Sciences; Allison Smith, PhD, University of Arkansas for Medical Sciences; and Lili Gray, LCSW, Lili Gray Consulting.

### LS-C3: Promoting Bilingualism in The Early Years Through Home-Based Care

**Tags:** P5-4, Intermediate, IECMH & Multi-discipline

**Description:** In California, it is estimated that a third to at least half of all children under 5, and nearly two out of every five children, ages 3 and under, are entrusted to the care of a Family, Friend, or Neighbor (FFN) caregiver. FFN caregivers tend to reflect the demographics of the families they serve and play a crucial role in supporting dual language learners. You will hear about the latest research on early brain and language development as well as the benefits of bilingualism, and how FFN caregivers support dual language learners and their families. Learn strategies to share with families on how to support their children's home language at home, and hear key takeaways from the California Leading from Home program, which seeks to increase the advocacy skills of home-based care providers.

**Presenters:**Carolyn Crolotte & Andrew Avila, Early Edge California.

### LS-C4: Mindfulness as a Radical Tool for Healing and Building Resilience in Marginalized Communities

**Tags:** P5-5, Introductory, IECMH & ECE

**Description:** We will provide a knowledge base in mindfulness and incorporate experiential activities as we discuss the radical implications of mindfulness-based activities and interventions that promote caregiver connection to self, child, culture, and community in Early Childhood Education and Mental Health settings.

**Presenters:** Doris Castro, LCSW, Adaly Mazakis, AMFT, IFEC-ATMHP, CLEC, CEIM, & Jamie Kinoshita, ACSW, Allies for Every Child.

### LS-C5: Joyful Moments of Connection - Practical Ways to Help Parents Build Attachment Through Music, Mindfulness, and Play

**Tags:** P5-2, Introductory, IECMH & ECE

**Description:** Learn about practical activities and tools to teach caregivers to facilitate attachment and increase joy during their day. The strategies include music, mindfulness and play, and provide ways for caregivers to instill calm, inspire playfulness, and encourage communication during their daily routine with their baby.

**Presenter:** Vered Benhorin, MTBC-LCAT, Baby in Tune.

### LS-C6: Leveraging Social Media for Culturally-Inclusive Parental Mental Health Support in BIPOC Families

**Tags:** P5-5, Introductory, IECMH & Multi-discipline

**Description:** Learn about "Our Kids' Health" and their efforts to support BIPOC parents on social media. Gain practical insights, hear testimonials, and participate in interactive discussions,

empowering professionals to bridge the digital divide and engage in equity-minded practices online.

**Presenters:** Alicia Segovia, MSc, MA (Candidate), Samantha Gualtieri, PhD, and Ripudaman Minhas, MD, MPH, Unity Health Toronto.

### LS-C7: Family Engagement: Why T.R.U.S.T. Matters

**Tags:** P5-2, Intermediate, ECE & Multi-discipline

**Description:** This session will highlight trust, and its role in building positive family partnerships. Gain strategies for enhancing family engagement using the T.R.U.S.T. framework: Time, Respect, Understanding culture, Sharing resources, and Teaming together for children.

**Presenter:** Denise Nicole Powell, BA, MEd, PhD, Michigan State University.

### LS-C8: Helping Families Make Sustainable Changes Using Capacity-Building Family Support Practices

**Tags:** P506, Introductory, CW & EI

**Description:** Caregiver coaching is a capacity-building interaction style that engages parents and caregivers in the help-giving process, promotes deliberate decision-making, and empowers families to achieve their identified priorities. Learn to apply evidence-based coaching to family support interactions and bring home resources to help families create sustainable change.

**Presenter:** Sarah Sexton, EdD, Family, Infant and Preschool Program, North Carolina Department of Health and Human Services.

### LS-C9 *Featuring ZTT work:* Serving Those Who Serve: Engaging and Supporting Military Families Impacted by Perinatal Mood & Anxiety Disorders

**Tags:** P5-2, Introductory, IECMH & Multi-discipline

#### Description

ZERO TO THREE's Military Family Projects provides training, consultation, and resources to support both civilian and military programs and professionals in meeting the needs of military and veteran families. Join us as we discuss strategies and resources to identify and support the health and well-being of service member caregivers and their young children impacted by Perinatal Mood and Anxiety Disorders (PMADs) with consideration for their unique needs and military experience. This presentation is open to both civilian and military providers who support expectant and/or new parenting military families across diverse services and systems.

**Presenters:** Summer Jones, IMH-E® & Jennifer Novak, Military Family Projects, ZERO TO THREE.

### LS-C10 *HealthySteps Session:* Amplifying Parent Voice: Using the CQI Process to Garner Caregiver Feedback for HealthySteps

**Tags:** P-6, Introductory, HealthySteps

**Description:** Using Continuous Quality Improvement to amplify the voice of parents helps enhance the understanding of impact to improve services. In this session, you will hear about and interact with real-world examples from HealthySteps practices regarding the development of surveys and the components of the Plan-Do-Study-Act (PDSA) model.

**Presenters:** Audrie Sá, MSW, Brianna White, & Mariamme Burgess, Children's Home Society.

**3:30–4:00 PM**

**Break and Transition to Plenary**

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**4:00–5:00 PM**

**Research/Science Plenary**

*The Health, Mental Health, and General Wellbeing of Our Early Childhood Education Professionals*

Speaker: Walter Gilliam

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**5:00 pm – 7:00 PM**

**Reception**



## Thursday, August 1

9:00–10:00 AM

Day 2 Opening and Policy Plenary Session

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10:00–10:30 AM

Break and Transition to Sessions

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10:30–11:30 AM

Sessions Block 1 (D Sessions + Issue Intensives B)

### Baby Talks (BT) Group D: *Maximizing Data and Funding*

**BT-D1:** Enhancing Primary Caregiving by Using Data to Ensure Quality to Infants and Toddlers

**Tags:** P5-2, Introductory, Multi-discipline & ECE

**Description:** Join us as we explore the pivotal role of data-driven decision-making in enhancing primary caregiving for infants and toddlers. We'll focus on the dual objectives of improving care quality and advancing equity for all children, with a particular emphasis on Black and Brown babies and their families. Discover how data can uncover and mitigate biases and inequalities in caregiving and early education settings. Incorporating strategies for objective data collection and analysis, you'll learn how caregivers can individualize care, ensuring that developmental milestones are met across diverse populations.

**Presenters:** Nili Luo and Dr. Kelly Hantak.

**BT-D2:** Preschool-Aged Children of Immigrants' Social Development: Integrating SES, Neighborhood, and Parent-Level Effects

**Tags:** P5-1, Intermediate, IECMH & CW

**Description:** We will examine how the population growth of children of immigrants and their disproportionate likelihood of living in poverty point to a need for urgent attention and preventative efforts. Gain an understanding of how identifying the neighborhood- and parenting-level risks and resources most impactful for young children of immigrants' social development can inform strategies designed to offset poverty and its associated adversities in this vulnerable population. Learn how addressing neighborhood disadvantage effects and supporting immigrant parents could support optimal psychosocial development in young children of immigrants.

**Presenter:** Jennifer Medina Vaughn, PhD, Pepperdine University.

## **BT-D3:** Using Child Care Subsidies to Contract for High Quality Infant and Toddler Care

**Tags:** P5-9, Introductory, ECE & Multi-discipline

**Description:** Hear about options within the Child Care and Development Fund Program for the use of contracts by states and territories to support high quality infant and toddler care. Learn about innovative practices in the use of contracts for slots and contracts for system building.

**Presenter:** Alisa S Ghazvini, PhD, National Center on Subsidy Innovation and Accountability.

## Lecture Sessions (LS) Group D

### **LS-D1:** Vision and Change: Developing Equitable Strategies to Support Black Early Educators

**Tags:** P5-8, Introductory, ECE & Multi-discipline

**Description:** Focusing on solutions for the challenges Black families, children and early educators encounter, this panel of engaging experts will discuss programs, practices and policies that helped San Francisco develop a holistic approach to supporting the ECE system. Learn from panelists as they share approaches and resources to holistically support a diverse ECE workforce.

**Presenters:** Chanelle Brown, Maiysha Dickerson, & Margarita Spataro, Children's Council of San Francisco.

### **LS-D2:** Changing the Conditions: Nurturing the Workforce Our Communities Need by Practicing Disability Justice

**Tags:** P5-6, Introductory, ECE & EI

**Description:** As we age, as we experience Covid, and as climate change impacts our world and our bodies, we - our families, workplaces, and communities - become increasingly disabled. Our future is disabled, but are we prepared to meet that future? Learn about the 10 Principles of Disability Justice that guide us in creating new conditions within our organizations that nurture belonging and "love us back." Join us as we explore how Disability Justice can amplify DEI work. Discover the power of liberatory approaches to nurturing organizational culture.

**Presenters:** Adana Protonentis, MPA & TBD, Kindred.

### **LS-D3:** The Early Years Matter: Federal Funding to Support Healthy Families and Communities

**Tags:** P5-2, Introductory, Multi-discipline & IECMH

**Description:** early childhood mental health grants from the Substance Abuse and Mental Health Services Administration (SAMHSA) are guided by the foundational principles that children's earliest experiences affect lifelong health, and children's wellbeing is greatly influenced by caregiver wellbeing, home environment, and community. Hear about best practices from the field, explore resources and video, and take part in a Q&A session with the panelists.

**Presenters:** Caitlin Fitzsimmons, MSSW, LICSW, Brooke Sims, MS & Whitney Noel, MPH, Department of Health and Human Services, Substance Abuse Mental Health Services Administration.

## LS-D4: Beyond CAPTA: Moving from Compliance to Meaningful Engagement

**Tags:** P5-3, Intermediate, CW & IECMH

**Description:** Join us for a presentation of theoretical underpinnings, implementation timelines, descriptions of interventions, and outcome numbers. Case examples will illustrate how the relationship-based work is implemented, and offer opportunities to illustrate systemic barriers and the solutions attempted. Learn from a discussion on the ways bias is enacted by systems.

**Presenters:** Pfeffer Eisin, MA, LCPC, Erikson Institute and Illinois Department of Children and Family Services and Thay Guirguis, MS, LCSW, Erikson Institute.

## LS-D5 *Featuring ZTT work*: Supporting Civic Engagement of Staff and Families for Babies: Rules, Tips and Tools

**Tags:** P5-6, Introductory, Multi-discipline

**Description:** Participating in democracy is the key to promoting healthier communities, including our babies! Civic engagement and voter participation affect the shape of those policies, and in this election year, babies need every voice and every vote. How can we make space for civic engagement of staff and families? What are the rules about discussing the exercising of this important right and how do we stay away from partisan activities as we seek to expand voting power for babies? Together we will discuss the do's and don'ts for nonprofits in an election year, strategies for increasing voter participation and other activities, and tools for civic engagement on behalf of babies.

**Presenters:** Amanda Perez, ZERO TO THREE.

## LS-D6 *HealthySteps Session*: HealthySteps, Uneven Ground: Addressing Service Disparities in Pediatric Primary Care

**Tags:** P-5, Introductory, HealthySteps

**Description:** This session focuses on evaluating and addressing inequities in delivering HealthySteps in pediatric primary care. We will discuss various quality improvement initiatives to create a diverse, inclusive, and equitable space for all infants, children, and families through systematic changes in screening, referral, and service delivery practices.

**Presenters:** Diane Lee, PsyD, Rachel Wirtshafter, MPH, MSW, & Nancy Lee, MD, Weill Cornell Medicine.

## Issue Intensives (II) Group B, Part 1 of 2

### II-B1, Part 1: Climate Justice, Community Resilience, and Early Childhood Mental Health

**Tags:** P5-1, Introductory, IECMH & Multi-discipline

**Description:** Learn about the impacts of climate disasters and environmental injustice on early childhood mental health. Explore current and emergent programs to promote community resilience, connection, and belonging that are centered on the needs of young children and their families.

**Presenter:** Jennifer Silverstein, LCSW.

## **II-B2, Part 1:** Empowering Futures: A Blueprint for Innovative Career Pathways in Early Childhood Education

**Tags:** P5-7, Introductory, ECE & Multi-discipline

**Description:** Explore a groundbreaking fellowship initiative bridging K-12 College and Career Readiness with Early Childhood Education. This two-year, paid exploration offers high school graduates hands-on experience, mentorship, and career guidance in the field of teaching. Attendees gain access to the curriculum and strategize its application. Join us to revolutionize workforce development!

**Presenters:** Nicole Tuttle & Rachel Weaver, Charles R. Drew Charter School; and Mary Carey, Rollins Center for Language and Literacy.

## **II-B3, Part 1:** Healing the Healers: Rethinking Self-Care and Addressing Burnout

**Tags:** P5-6, Intermediate, Multi-discipline

**Description:** “Caring for myself is not self-indulgence, it is self-preservation, and that is an act of political warfare.” (Lorde, 1988). Utilizing the Diversity-Informed Tenets as a framework and centering BIPOC experiences, we reconsider the concept of “self-care” and explore, reflect, and strategize our engagement in individual and collective healing.

**Presenters:** Nucha Isarowong, PhD, LICSW, IMH-E®, Barnard Center for Infant and Early Childhood Mental Health; Haruko Watanabe, MA, LMHC, IMH-E®, Navos Infant and Early Childhood Mental Health Program; and Abigail Bocanegra, MA, LMFT, MHC, Creative Heart Therapies.

## **II-B4, Part 1:** The Border is Here: Addressing Forced Displacement, Trauma and Loss in Mixed-Status and Undocumented Families with Young Children

**Tags:** P5-5, Intermediate, Multi-discipline

**Description:** This session addresses the significant impact of policy changes on mixed-status immigrant families in the US, including family separation, detention, and discrimination. Based on experiences from a safety-net hospital, it provides diversity-, developmentally-, and trauma-informed tools and strategies to empower families and to foster interdisciplinary collaboration to create safe havens.

**Presenters:** Carmen Rosa Noroña, LICSW, MEd, IECMH-E® and Ivys Fernandez-Pastrana, JD, Center of Excellence in Immigrant Infant and Early Childhood Mental Health, Division of Developmental and Behavioral Pediatrics, Boston Medical Center.

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**11:30 AM – 1:00 PM**

**Lunch Break + Exhibits w/Poster Presentations Live Q&A**

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1:00–2:00 PM

Sessions Block 2 (E Sessions + II-B, Part 2)

**Baby Talks (BT) Group E: *State Collaborations for Systems Change***

**BT-E1:** Centering relationships: Hearing the wisdom of Washington’s mental health community to guide actionable steps in building IECMH across the state

**Tags:** P5-4, Intermediate, Multi-discipline & IECMH

**Description:** HCA’s IECMH Statewide Tour was grounded in IECMH principles, values, and practices resulting in 10 listening sessions with 96 mental health providers representing 53 organizations across Washington. Hear from presenters who will share approaches and key findings, and take part in interactive opportunities to reflect on applications for individuals, agencies, and systems partners for your communities.

**Presenters:** Kimberly "Kiki" Fabian, Med & Christine J. Cole, LICSW, IMH-C, Washington Health Care Authority.

**BT-E2:** Shifting the Paradigm: Transforming Early Childhood Systems of Care through Workforce Development (FL)

**Tags:** P5-8, Intermediate, Multi-discipline & IECMH

**Description:** Infant/Early Childhood Mental Health (IECMH) strategies that promote relationship-based, culturally responsive, reflective practice are the foundation of high-quality early childhood services, yet many child-serving systems are unfamiliar or not engaged. Presenters will demonstrate how embedding reflection across systems, reaching all scopes of practice, leads to a necessary paradigm shift.

**Presenters:** Christine R. Hughes, PhD, IMH-E® & Dr. Harleen Hutchinson, PsyD, IMH-E®, Florida Association for Infant Mental Health.

**BT-E3:** Infant and Early Childhood Mental Health (IECMH) Cross-Sector Capacity Building in Rhode Island: Community of Practice in IECMH in Early Intervention

**Tags:** P5-8, Intermediate, Multi-discipline & IECMH

**Description:** This session gives an overview of the Community of Practice in Infant/Early Childhood Mental Health in Early Intervention project in RI, designed to increase the capacity of

the EI workforce in IECMH core concepts, principles, and practices to meet an increasing need for skills and knowledge in this area.

**Presenters:** Sheila Grant Orphanides, MS, IMH-E®, RI Association for Infant Mental Health.

## Lecture Sessions (LS) Group E

### LS-E1: What's Happening?: Understanding, Applying, and Communicating About Child Development

**Tags:** P5-1, Introductory, ECE & Multi-discipline

**Description:** This session will offer an overview of the progression of development during infancy and toddlerhood and explore the roles that cultural contexts, experiences, and individual differences play in early development. Learn ways to apply these understandings by engaging in meaningful interactions that support children as they play, learn, and grow.

**Presenters:** Shannon Ayers, PhD, Lakeshore Learning Materials and Sarah MacLaughlin, LSW, ZERO TO THREE.

### LS-E2: The L.A. County eDirectory: Connecting Families With Early Childhood Home Visiting

**Tags:** P5-8, Introductory, Multi-discipline & ECE

**Description:** L.A. County has a vast network of early childhood home visiting services. This session will show how both families and providers can find and connect with these programs using an online tool that sorts out eligibility issues. Presenters will give a live demo and discuss how county agencies use the tool.

**Presenters:** Steve Nish, Amie Aguiar, & Helen Kontorosis, LA Best Babies Network.

### LS-E3: First 1,000 Days Suncoast Perinatal Mental Health Coordination Hub: A Collaborative Response to Support the Perinatal Population

**Tags:** P5-6, Intermediate, Multi-discipline & EI

**Description:** This session showcases the power of partnerships and data-driven solutions to transform perinatal mental health care. From addressing access barriers to launching a regional Coordination Hub, attendees will gain insights on how to leverage key partners, including parents to collaboratively create a supportive ecosystem for pregnant and postpartum individuals.

**Presenters:** Chelsea Arnold, DBP, APRN, FNP-bc & Janice Houchins, LCSW, LISW-S, First 1,000 Days Suncoast; and Carla Johanns, MA, LMHC/S, Forty Carrots Family Center.

### LS-E4: IECMH Organizational Well-Being: Cultivating a Reflective Culture Through Reflective Leadership

**Tags:** P5-3, Intermediate, IECMH & Multi-discipline

**Description:** We often consider the parallel process between young children, caregivers, and providers, but there is limited inclusion of leadership. Reflective Leadership increases awareness of this extended parallel process, connects leadership and programmatic outcomes, and creates a road map for accountability for a way of being for the field's leaders.

**Presenters:** Alison Peak, LCSW, IMH-E®, Allied Behavioral Health Solutions and Diana Morelen, PhD, IMH-E®, East Tennessee State University.

## LS-E5 *HealthySteps Session (large room)*: (At)tuning in to Screen Time: Empowering Parents, Offering Hope

**Tags:** P-2, Intermediate, HealthySteps

**Description:** Although parents often do not mention screens as their initial topic of concern at visits, addressing screen time impact is critical. Join this session to explore how to balance anticipatory guidance with HealthySteps adapted FAN and reflective/empathic approaches, to promote learning, insight, and planning.

**Presenters:** Mary Beth Callie, PhD, Liz Denogean, LMSW, & Stefanie John, MSW, Callie Pediatrics.

## LS-E6 *HealthySteps Session (small room)*: Integrating Best Practices for Perinatal Depression Screening & Care into Primary Care and Pediatric Clinic Settings

**Tags:** P-4, Introductory, HealthySteps

**Description:** Join a perinatal mental health expert in reviewing the foundational principles of how to screen and assess for perinatal mental health conditions. Through lecture and interactive discussion, this session will review recommended practices for screening including screening intervals and cultural sensitivity for community-based and primary care providers.

**Presenter:** Anna King, LCSW, PMH-C, Maternal Mental Health NOW.

## Issue Intensives (II) Group A, Part 2 of 2

### II-B1, Part 2: Climate Justice, Community Resilience, and Early Childhood Mental Health

**Tags:** P5-1, Introductory, IECMH & Multi-discipline

**Description:** Learn about the impacts of climate disasters and environmental injustice on early childhood mental health. Explore current and emergent programs to promote community resilience, connection, and belonging that are centered on the needs of young children and their families.

**Presenter:** Jennifer Silverstein, LCSW.

### II-B2, Part 2: Empowering Futures: A Blueprint for Innovative Career Pathways in Early Childhood Education

**Tags:** P5-7, Introductory, ECE & Multi-discipline

**Description:** Explore a groundbreaking, fellowship initiative bridging K-12 College and Career Readiness with Early Childhood Education. This two-year, paid exploration offers high school graduates hands-on experience, mentorship, and career guidance in the field of teaching. Attendees gain access to the curriculum and strategize its application. Join us to revolutionize workforce development!

**Presenters:** Nicole Tuttle & Rachel Weaver, Charles R. Drew Charter School; and Mary Carey, Rollins Center for Language and Literacy.

## II-B3, Part 2: Healing the Healers: Rethinking Self-Care and Addressing Burnout

**Tags:** P5-6, Intermediate, Multi-discipline

**Description:** “Caring for myself is not self-indulgence, it is self-preservation, and that is an act of political warfare.” (Lorde, 1988). Utilizing the Diversity-Informed Tenets as a framework and centering BIPOC experiences, we reconsider the concept of “self-care” and explore, reflect, and strategize our engagement in individual and collective healing.

**Presenters:** Nucha Isarowong, PhD, LICSW, IMH-E®, Barnard Center for Infant and Early Childhood Mental Health; Haruko Watanabe, MA, LMHC, IMH-E®, Navos Infant and Early Childhood Mental Health Program; and Abigail Bocanegra, MA, LMFT, MHC, Creative Heart Therapies.

## II-B4, Part 2: The Border is Here: Addressing Forced Displacement, Trauma and Loss in Mixed-Status and Undocumented Families with Young Children

**Tags:** P5-5, Intermediate, Multi-discipline

**Description:** Learn about the significant impact of policy changes on mixed-status immigrant families in the US, including family separation, detention, and discrimination. Based on experiences from a safety-net hospital, we will provide diversity-, developmentally-, and trauma-informed tools and strategies to empower families and to foster interdisciplinary collaboration to create safe havens.

**Presenters:** Carmen Rosa Noroña, LICSW, MEd, IECMH-E® and Ivys Fernandez-Pastrana, JD, Center of Excellence in Immigrant Infant and Early Childhood Mental Health, Division of Developmental and Behavioral Pediatrics, Boston Medical Center.

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**2:00–2:30 PM**

**Break and Transition to Sessions**

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**2:30–3:30 PM**

**Sessions Block 3 (F Sessions)**

**Baby Talks (BT) Group F: *Fostering Mental Health Across Generations***

**BT-F1: Nurturing the Stress System Builds Mental Health for Babies and Parents**

**Tags:** P5-1, Introductory, IECMH & ECE

**Description:** The season of infancy, from conception to three years, is a unique opportunity to build mental health for babies and parents. The infant brain develops circuitry to support lifelong mental wellness through nurturing relationships with parents and caregivers. In the presence of a baby, the parent brain enters a unique state of neuroplasticity where emotional brain circuits can be rewired to boost mental health. Through the use of brain imagery, learn how the infant brain develops on a macro and micro level. Gain an understanding of the changes in parents’ brains on a macro level, and explore ways to nurture the baby and parent brain.

**Presenter:** Greer Kirshenbaum, Nurture Neuroscience.



**BT-F2:** No Child Mental Health without Family Mental Health: An Innovative Approach to Delivering High-Quality Early Childhood Tele-Mental Health Care

**Tags:** P5-3, Intermediate, IECMH & Multi-discipline

**Description:** Join clinical leaders from Little Otter, an innovative digital health company, as they provide an overview of their model for delivering high-quality, whole-family telehealth services. Learn about a case illustrating the promise and challenges of this work, and engage in a discussion about the future of early childhood tele-mental health care.

**Presenters:** Helen Egger, MD, Caitlin Newcomb Ginwala, LMFT, and Andrew Frisina, BCBA, Little Otter.

**BT-F3:** Reaching Out to Digital Parents

**Tags:** P5-2, Introductory, ECE & Multi-discipline

**Description:** Learn about The Digital Parenting project, which is targeted to families with children 0-5 and provides access to a digital library of parenting messages (currently 510 messages under 44 parenting topics, available in English and Spanish). Discover how to support effective digital communication options with family-friendly approaches that allow parents to engage in establishing positive early childhood parenting.

**Presenter:** YaeBin Kim, University of Nevada Reno Extension.

## Lecture Sessions (LS) Group F

**LS-F1:** Advancing Equity in Early Intervention: Parent, Provider, and Policy Perspectives

**Tags:** P5-6, Intermediate, EI & Multi-discipline

**Description:** Join an interactive session that explores barriers to serving babies under one in EI. Take a deeper dive into NICU-to-Home policy recommendations as we explore cross-systems collaboration to create systems change that increases access for children and families. You will hear from a policy, provider, and parent perspective.

**Presenters:** Zareen Kamal, Start Early; Alison Liddle, M Street Pediatric Therapy; and Jaclyn Vasquez, Early Intervention Parent Leader and Advocate.

**LS-F2:** Centering Gatekeeping from The Peripheral: Reflections from Women of African Ancestry Navigating Infant Mental Health Spaces and the Racial Contract

**Tags:** P5-7, Intermediate, Multi-discipline & IECMH

**Description:** Using an autoethnographic approach to draw in reflection upon our experiences, we invite you to hold space for themes highlighted. Our narratives are linked through shared scholarship and practice activities in which we are often the voice for marginalized communities.

**Presenters:** Vivian L. Tamkin, PhD; Helenia Quince, University of Wisconsin-Madison, Sandra Rosenbaum School of Social Work; and Chioma Torres, MD, Development & Behavioral Pediatrics, Department of Pediatrics, Michigan State University College of Human Medicine.

**LS-F3:** Future Possibilities in Prenatal-to-5 Mental Health Consultation

**Tags:** P5-6, Intermediate, IECMH & Multi-discipline

**Description:** Hear from prenatal-to-5 mental health consultation experts from early care/education and healthcare on the similarities and differences in practices and approaches. Engage in an exploration of how mental health consultation can be grown to support more families and more workforces across allied prenatal-to-5 disciplines (e.g., birth work, early intervention, home visiting).

**Presenters:** Kim Gilsdorf and Elizabeth Myung Sook Krause, ScM, Perigee Fund

### LS-F4: Dollars to Development: An Early Intervention Collaboration for Financial Wellness

**Tags:** P5-2, Introductory, EI & Multi-discipline

**Description:** Learn about the importance of supporting financial wellness within early intervention, as we describe our program and the results of our ongoing evaluation. You will have the opportunity to explore your own financial wellness through a series of activities, and will discuss ways to embed financial wellness in your programs.

**Presenters:** Tody Hairston-Fuller, MS, Baltimore City Health Department; Hilary Sigismondi, CASH Campaign of Maryland; and Brenda Hussey-Gardner, PhD, MPH, University of Maryland School of Medicine, Department of Pediatrics.

### LS-F5: Retrieving Our Roots—Sankofa and the Infant Mental Health History Project

**Tags:** P5-7, Intermediate, IECMH & Multi-discipline

**Description:** What would it look like if our IECMH field truly included non-dominant, BIPOC histories in our conceptualization, theory, and practice? Hear about the ongoing work of the Sankofa IMH History Project, reflect on these rich and challenging legacies, and contribute to this collective process.

**Presenters:** Natasha Pérez Byars, MS, MSW, LICSW & Eva Marie Shivers, JD, PhD, Indigo Cultural Center; and Nucha Isarowong, PhD LICSW IMH-E®, Barnard Center for Infant and Early Childhood Mental Health, University of Washington School of Nursing.

### LS-F6: Disrupting the Preschool-to-Prison Pipeline: Exploring Infant & Early Childhood Mental Health Consultation's Role in Reducing Expulsion and Enhancing Child Retention

**Tags:** P5-3, Intermediate, ECE & IECMH

**Description:** Take part in a transformative session that confronts the impact of the preschool-to-prison pipeline on marginalized communities, with a spotlight on IECMH Consultation as a disruptor. As early childhood educators, pivotal in reshaping narratives, you will engage in deep reflection, challenging biases to foster equity. Explore systemic disparities, address implicit bias, and empower educators for positive change.

**Presenters:** Breea Wainwright, LMFT, IFMHS, RPFII, Sujata Bansal, MFT, IFECMHS-RPF II, & Debbie Reno-Smith, LMFT, IFECMHS-RPM, West Ed/Infant and Early Childhood Mental Health Consultation Network.

### LS-F7: NEAR Science- Beyond ACEs

**Tags:** P5-4, Introductory, Multi-discipline & IECMH

**Description:** Adverse Childhood Experiences can increase risks of disparities. Explore how experiences impact our biological nervous system and help us find practices to increase the Core

Protective Factors of building capabilities, increasing attachment and belonging, and fostering the growth of community, culture and spirituality to decrease those risks.

**Presenters:** Jennifer Jesse, RN-BSN & Misty Boyd, PhD, Chickasaw Nation Public Health/Hofanti Chokma.

**LS-F8:** Growing Together with Our Programs: How Intentional Reflective Spaces for Leaders Nurture the Development of More Equitable Early Childhood Programs

**Tags:** P5-6, Intermediate, Multi-discipline & IECMH

**Description:** Discover how intentional reflective spaces conducive to growth and increasing self-awareness are essential to the work of advancing equity. Learn about the impact of the parallel process, the first element of the consultative stance, within our work to develop an early childhood mental health consultation program.

**Presenters:** Adriana Cuestas, PsyD, IFECMHS, RPFII, Allies for Every Child; Kadija Johnston, LCSW; and Laura Braafladt, LCSW, IFECMHS, Allies for Every Child.

**LS-F9:** Stay Safe: Addressing the Challenge of Implementing Stay Safe Drills with Very Young Children

**Tags:** P5-1, Intermediate, ECE & IECMH

**Description:** The purpose of stay-safe procedures (i.e. “lockdown” or “active shooter” drills) is to prepare staff to stay calm and keep children safe. However, these drills have not typically considered the unique developmental needs of young children. Engage in discussions and share information about stay-safe procedures in early childhood settings.

**Presenters:** Amy Hunter, MSW, LICSW, Georgetown University Center for Child and Human Development.

**LS-10 *HealthySteps Session:*** Effectively and Efficiently Linking Families to Early Intervention Services Using the HealthySteps Family Service Coordinators

**Tags:** P-8, Intermediate, HealthySteps

**Description:** Learn about our system for connection and collaboration with families, the primary care clinic, and early intervention programs. Discuss follow-up procedures with each of these entities. Discover the innovation, within our HealthySteps programs, of using Family Service Coordinators.

**Presenters:** Kimberly M. Brooks, PhD & Na'Shema Addison, Children's National Hospital

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**3:30–4:00 PM**

**Break and Transition to Plenary**

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**4:00–5:00 PM**

**Keynote & Closing**

**Speaker:** Dr. Mariel Buqué

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**5:00 pm**

**Conference Adjourns**