



ZERO TO THREE
Early connections last a lifetime

IECMH Consultation Cost Calculator Individual Cost Estimate Sample

Name

First name

Last name

Email

example@example.com

Phone number

Organization

Organization name

City

State/province

Zip code

Which calculation are you interested in?

- Program cost estimate
 Individual cost estimate

Consultant salary

Salary

Fringe benefits calculation

The standard rate for calculating benefits is 24% of salary.

Individual professional development

Costs for individual PD for each consultant at their discretion. Managers have discretion to approve general IECMH trainings or consultation-specific only. Allocation for PD will vary depending on resources available.

Funds available per year

Reflective supervision

Reflective supervision for consultants is considered best practice and necessary to build and maintain competency as a consultant. Supervisors may be employees of the program agency, and is budget category ensures that a portion of their time/salary is attributed to the cost of providing consultation. In those instances where agencies hire qualified external supervisors, this category identifies what these costs will be. This estimate covers either an estimate of costs for a supervisor that is internal to the hiring agency or an external contracted consultant.

Estimated hours each month of individual support

Estimated hours each month of supervisor preparation and planning

Months per year

Estimated reflective supervisor rate per hour

150

Specialized reflective supervision

This cost highlights best practice for ongoing reflective consultation in either an individual or group format that may be focused on diversity broadly defined, equity, implicit bias, or other focused topics for consultants. Reflects expertise required to fulfill this role; the selected reflective supervision may be qualified but if not, additional support is warranted. Other consultation groups focused on training in and utilization of specific clinical interventions are included in the program-wide training budget category. Rates are consistent with general reflective supervision.

Estimated hours each month of individual support

2

Estimated hours each month of supervisor preparation and planning

1

Months per year

12

Estimated reflective supervision rate per hour

150

Operating, supplies and small equipment expenses

Consultants often use "tools of the trade" to work with early childhood providers and to engage children to promote social emotional/mental health development.

Funds available per year

200

Travel

This budget category will vary for individual consultants based on the territory they are expected to cover (urban, rural, frontier.) Consider the equity issues of budgeting if consultants are expected to travel long distances outside a metro region and thus must allocate more of their budget to cover mileage. Metro cards or costs of public transportation options are included in this category. Cost reimbursement often varies according to federal rates or agency guidelines.

Reimbursement rate

0.655

Miles each week

100

Weeks per year

40

Miscellaneous materials and screening tools

Bulk rates will offset some of these costs per program. Include program-wide items such as screening tools, books for consultation book club, purchased handouts or materials, laminators, group social emotional kits. Make sure to include wifi hotspots, internet and any cloud storage costs, language line, translation services and HIPPA compliant virtual platforms. **Include in this estimation costs for early childhood program staff or parents to participate in trainings or groups. These costs could be covering the costs of staff time or substitutes for classrooms, food for groups, child care costs for parents to attend.

Funds available per year

600

Database license

This estimate is based on the cost of an individual database license for a consultant who will enter data. Licenses can be recycled as consultants leave and join the program.

License cost per year

500

Endorsement, credentialing and membership in a related professional organization

This cost will vary on the type of support that is offered but may be a critical component towards recognition of the specialization and competency of the consultant.

Funds available per year

150

Indirect consulting costs

These are costs on top of benefits (fringe) that may be required by the home organization.

Other costs

Additional funding needs, not otherwise accounted for.

Calculation rate

Standard calculation is 20% of direct salary and benefits charges.



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