



Highlights from the Field

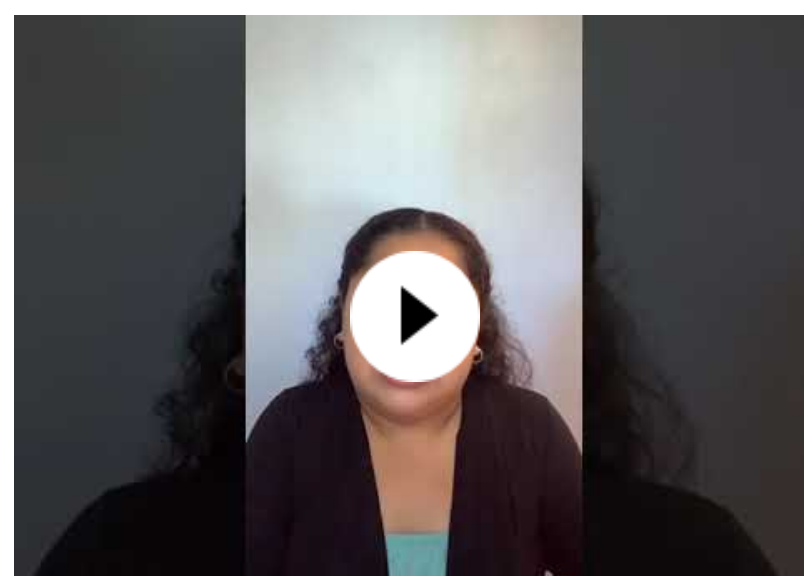
Did you know...

...every PPC has at least one family partnership group who is responsible for co-creating, making decisions, and/or advising on the PSP efforts at the PPC level. We often refer to this as the "golden nugget" of the PSP initiative. We are focusing this issue of *To the Point* on the work led by the family partnership groups. We asked each PPC to share what their groups are working on now, and in the upcoming months. Click on the video updates from each PPC to hear the details and learn more:

Bay Area, CA

Daniel Vásquez, Family Leader shares:

- FAB working with TONIC to have families review case studies and identify areas for improving policy.



Durham, NC

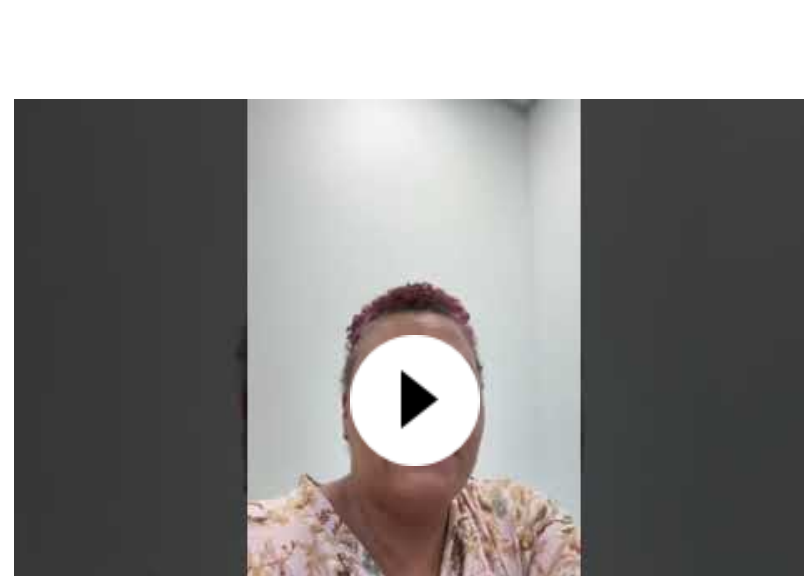
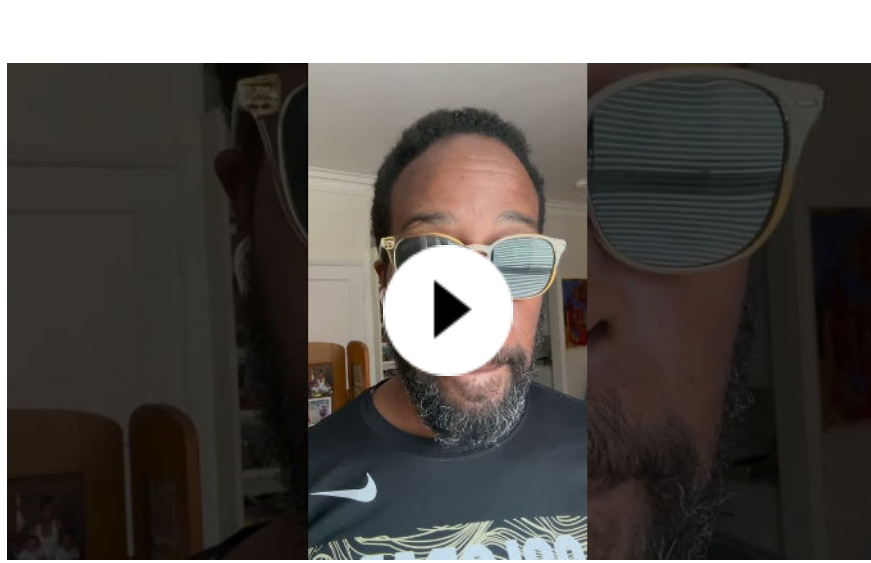
Zulma Galdamez, Family Leader, shares:

- PAT is finalizing a clinic beautification project.
- Offering training for parent leaders to improve advocacy skills and more.

Los Angeles, CA

Sekani Cook, Family Leader, shares:

- Expanding benefits explorer tool to ensure families have access to diapers and hygiene products.



Onondaga, NY

Syeisha Byrd, Director of Family Engagement, shares:

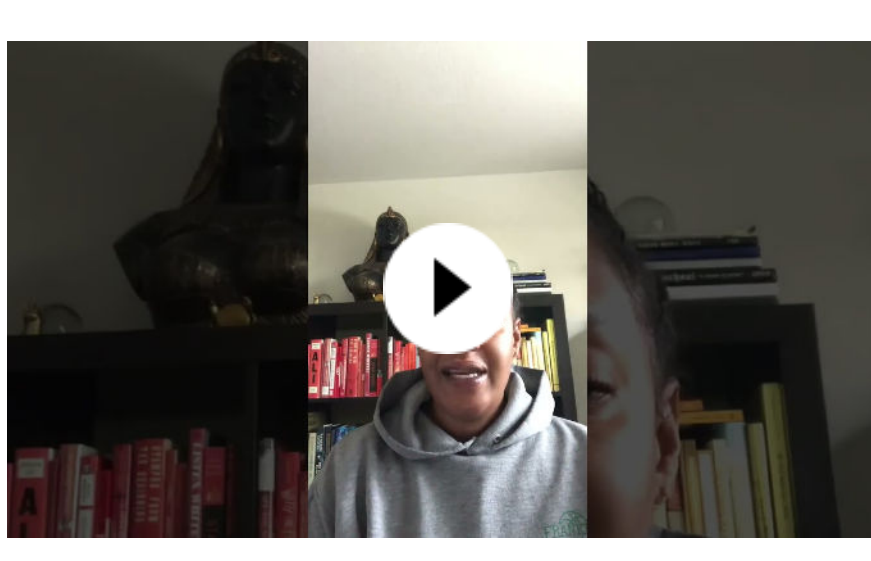
- Launching the RAPID needs assessment and plan to survey 1000 families.
- Promoting peer-to-peer learning and support.

Pierce County, WA

Shayla Collins, Family Leader, shares:

- Implementing perinatal mood screening for both parents.

- Hosted an event for families to socialize and share their feedback on how to improve the pediatric setting.



Spotlight: Bay Area's FABs

With so many of you in the Family Partnership Community of Practice co-facilitated by ZTT, Family Voices, and Hope Williams-Burt from the Bay Area PPC, we thought it would be timely to lift up some of the ways the Bay Area Family Accountability Boards (FAB) are working in partnership with the clinics and health care systems. In both San Francisco and Oakland work is being done to create positive long-lasting changes for families throughout the Bay Area. Their FABs are deeply embedded in work at their clinics—and communities. Below are innovations happening at each location:

San Francisco's FAB has been working in shared partnership with the Toxic Network Improvement Collaborative (TONIC) on its two main goals: to reimagine and improve systems of care for young children and their families who are involved in child welfare, and the scale of dyadic care. As an example, FAB members made system recommendations and co-wrote the recently released paper: [Child Welfare-Involved Children and Families in San Francisco Understanding a Unique Population: Families with Children Aged 0–5 in a Family Maintenance Placement](#). This report offers an important overview of how Family Maintenance (FM) provides short-term support for families with child welfare involvement. It also highlights the need for families to have access to trusted support *before* they are involved with child welfare. As one parent representative from the FAB stated, "Families shouldn't have to go through traumatic experiences to get help." The paper highlights recommendations made by the FAB and speaks to the importance of centering and partnering with families to improve systems, programs, and policies that affect them.

Oakland's FAB is creating a series of training videos to function as part of pediatric resident primary care education in relational health. These videos offer parents' perspectives and cultural context around communication and partnership with families. The initial pilot focused on discussions around co-sleeping, a practice that may elicit conflicting preferences for parents and their clinician. The FAB has piloted the videos with the residents, and they are in the process of collecting, summarizing, and incorporating that feedback. This co-creation process is a vital part of uplifting family voice (and viewpoint!) in general, but *especially* about topics that can bring up strong feelings in both parents and practitioners. The inclusion of family voice should be considered a precedent that will lead to systems-level change. The FAB also aims to elevate family perspective and voice in other residency training curricula and materials by partnering with other projects and providing feedback when possible. The Oakland FAB expects to launch these valuable training videos by spring 2025.

Additionally, the FAB advises the 0-3 clinical work taking place in the Pediatric Primary Care Clinic. The FAB has co-created [BLOOM](#) (Black Love Opportunity and Outcome Improvement in Medicine) since its inception and launch in 2023. BLOOM is a space where Black babies and families are seen by a racially concordant team who understand and share their lived experiences. Families have access to a range of services in one convenient location. Black pediatricians, health educators, therapists, navigators, family support specialists, and breastfeeding coaches work together to understand and address the needs and priorities of each patient and family. Providers take the time to get to know families and answer their questions. They align their care with proven practices and rigorously assess the effectiveness of care. They also consistently provide training and education opportunities for students and trainees. Across every facet of their work, they partner with families; from provider training to research to care design and implementation.

Resources

Narrative Medicine

The Family Partnership CoP recently participated in a Narrative Medicine workshop with Family Voices consultant, Cara Coleman. This is an outside-the-box approach that can refine and improve communication. The practice of Narrative Medicine was first defined in the 1980s and has expanded over the years with increased research. Here are some additional resources to explore:

- This article from the Journal of The American Medical Association is about Narrative Medicine, Narrative Competence, and explores ways in which physicians can have more empathic engagement with patients: [Narrative Medicine: A Model for Empathy, Reflection, Profession, and Trust](#).
- This article in The Lancet called [Narrative Humility](#) explores and acknowledges that patients' stories are dynamic and complex, requiring a humble and curious approach.
- This Lumen Magazine article (beginning on page 31) tells the story of how one hospital practices Narrative Medicine with staff, clinicians, patients and families: [Powerful Prescription](#).

Training Opportunity:

Please contact Cara Coleman if you're interested in a workshop on Narrative Medicine for your PPC: ccoleman@familyvoices.org

Resources from HealthySteps

Our friends at the HealthySteps National Office have gathered some materials that may be helpful for those working under the PSP umbrella.

- [The Professional Development Resource Library](#) offers a number of resources (some free, some at cost) on topics ranging from DEIAB to Child Development & Well-Being to Health Care Systems.
- Check out these [Sustainability resources](#). While a handful of these links are only for HealthySteps sites, most are accessible, including state-specific billing & coding guidance for CA, NY, and NC.

Upcoming TA Opportunities

- Communities of Practice (CoP)**
 - Family Partnership, 1:1 TA related to the meetings monthly.
 - Between sessions, 1:1 TA related to the topics being explored is available for anyone participating. Please email Sarah MacLaughlin (smaclaughlin@zerotothree.org) with your requests and she will coordinate.
 - Upcoming in 2025 will be additional offerings:
 - Sustainability
 - Integrating ERH into Practice Workflow
 - Watch your inbox for more information, including Doodle polls to schedule planning calls and meeting calendar holds.

Individualized Technical Assistance

- Family Voices'** Family Engagement Consultant is scheduling monthly family engagement TA sessions for PPCs. Email Cara Coleman (ccoleman@familyvoices.org) to set up a time.
- ZERO TO THREE** is always available to provide TA upon request—please reach out to Sarah MacLaughlin (smaclaughlin@zerotothree.org) if you have specific needs.

