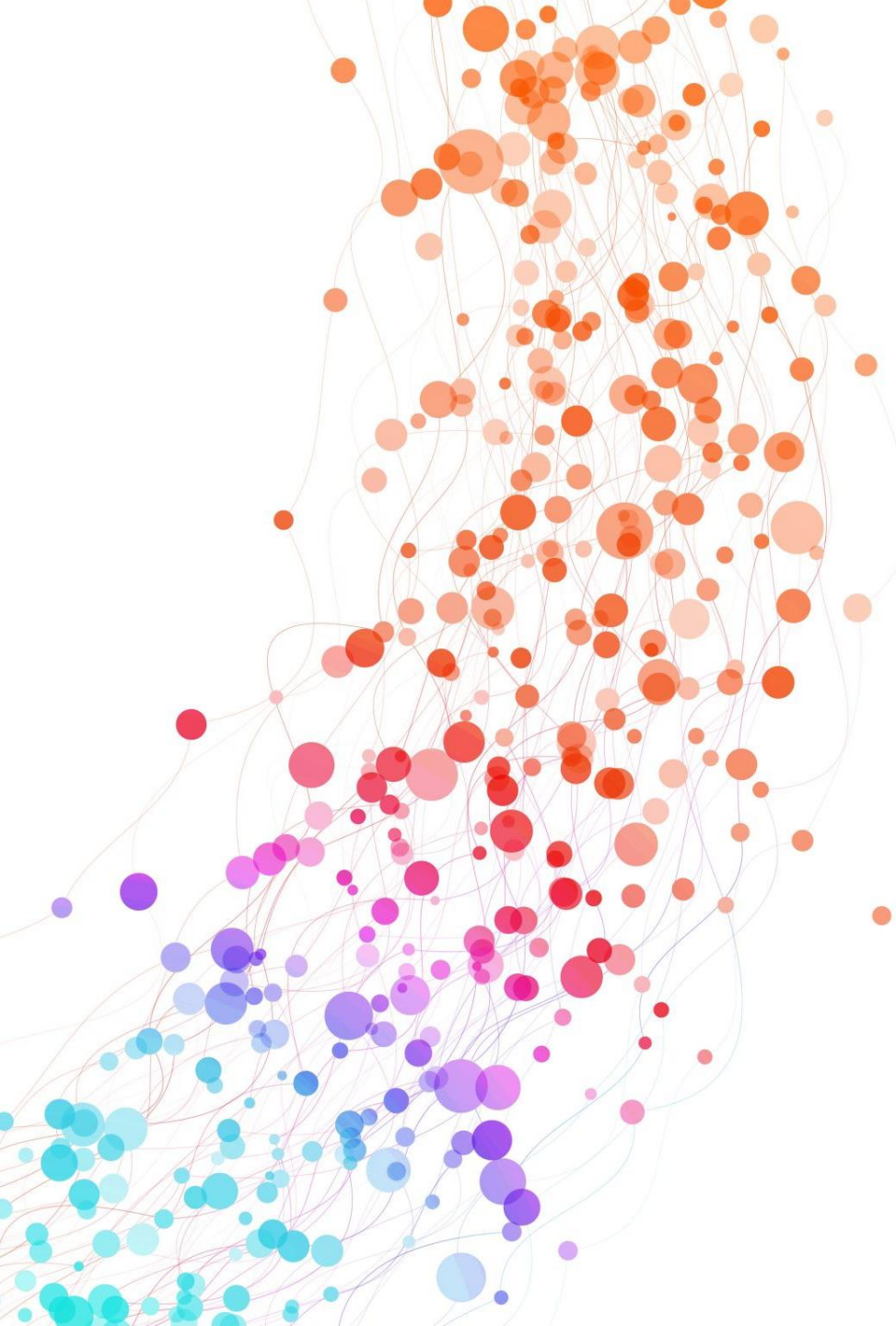


UPAC Advocacy Pathway: Community Outreach

5/16/24



What did the interns have to say about their community outreach experience?

On May 16, 2024 the ECA sponsored a luncheon to thank the interns for their time and to ask them what they thought about their time at Help Me Grow.

Resident Experiences

Survey Results

Kindly list the community engagement activities you participated in during the past year. Check all that apply.

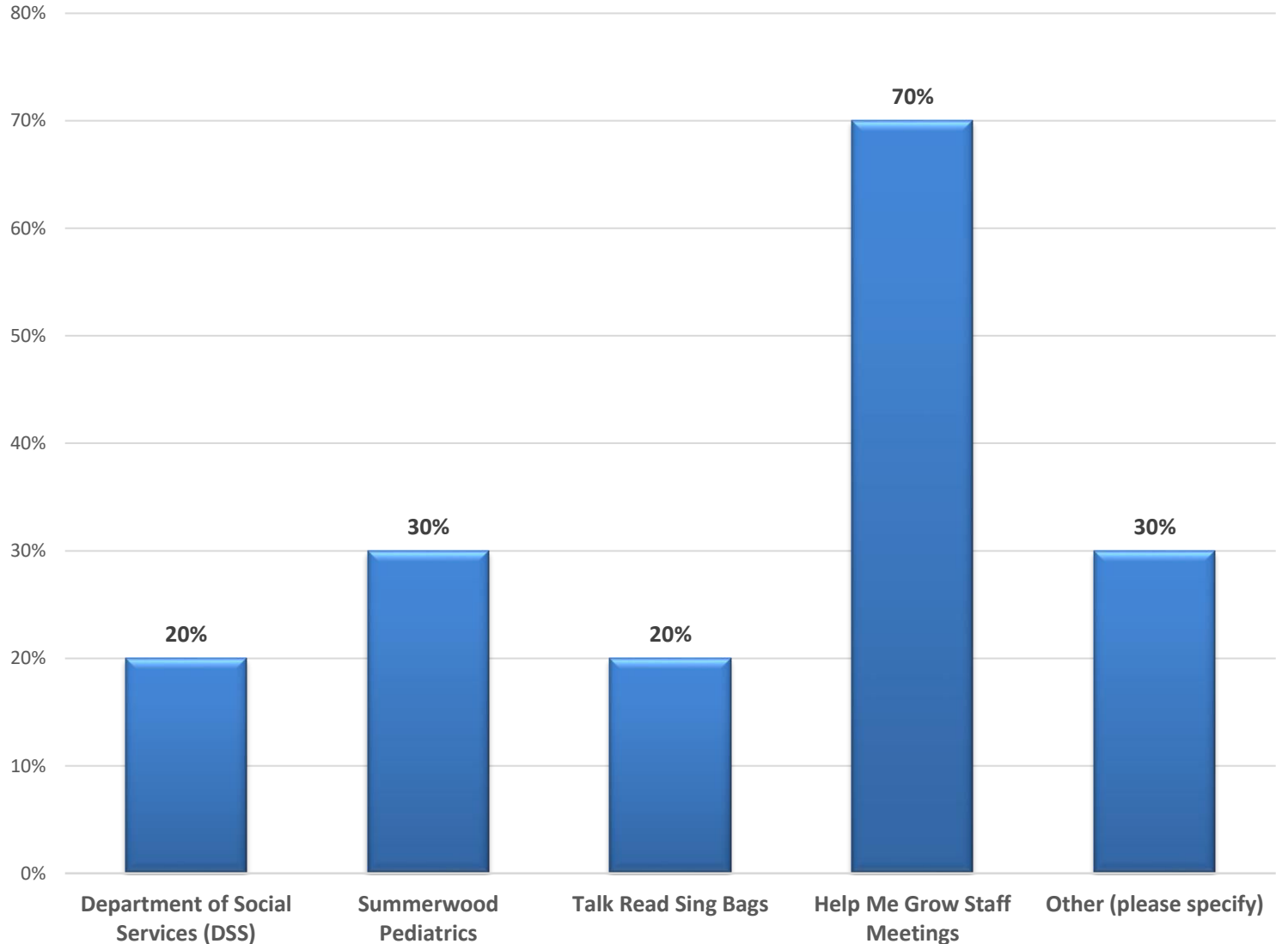


*Other:

Assisted in assembling tote bags

Tabling at probation office

Catholic charities training



This experience has changed how I relate and interact with our patients and families.

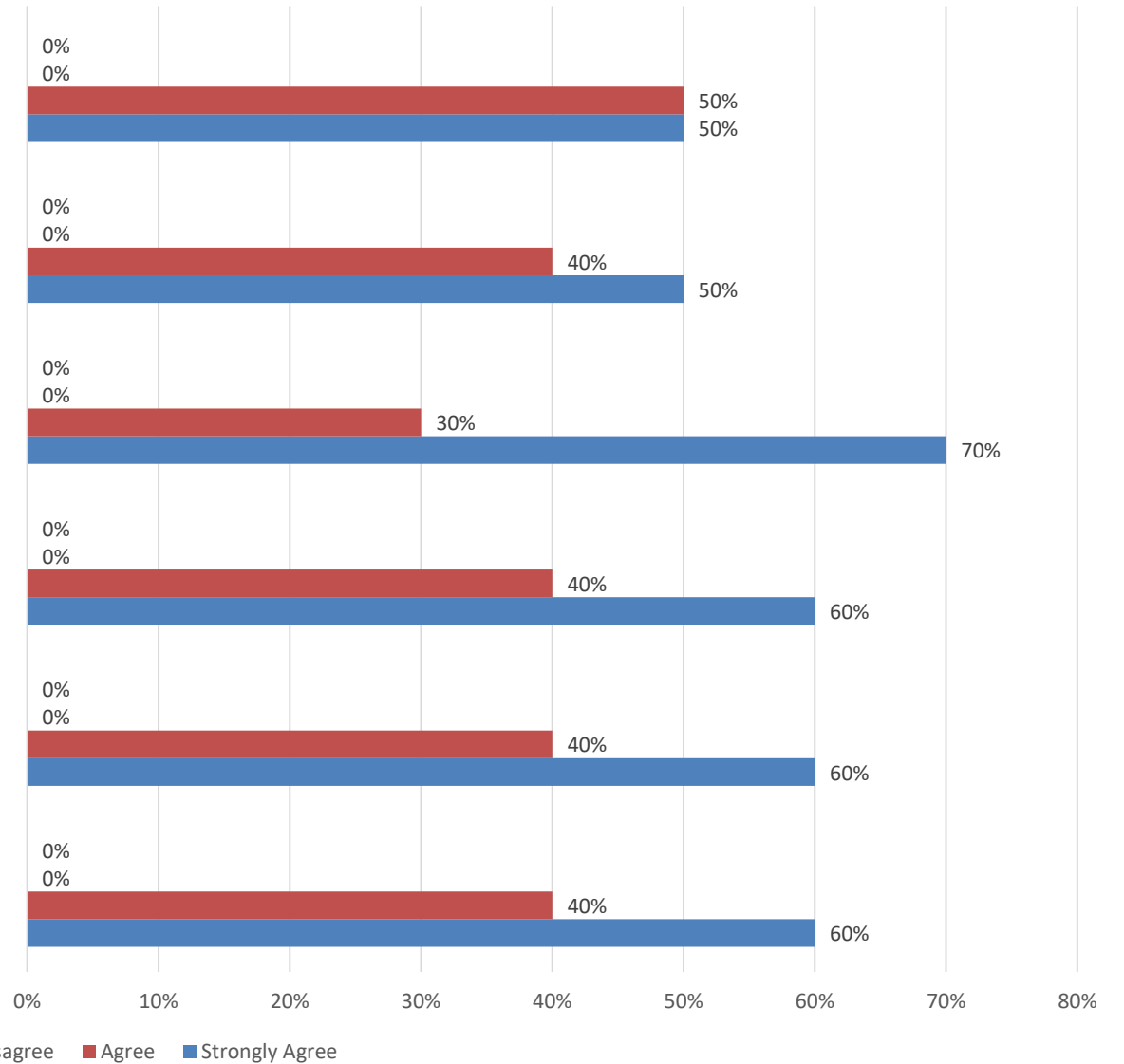
I learned something new about the population I am currently serving.

The time I spent exploring the community was valuable to my work as a pediatrician.

I have a new understanding of the challenges families are facing in this community.

I feel more confident connecting families to community services.

I feel more connected to the population we serve at UPAC.



Hits & HIGHLIGHTS

How the experience was valuable:

- Benefitted greatly from “seeing the resources firsthand.” Residents stated they were more likely to refer with confidence after having met the people and seen the operation (HMG) in action.
- Enjoyed answering 211 calls. “This was satisfying. Where I’m from we don’t have this. I liked giving families resources they needed. You don’t realize how much power you have and how you can offer that to families.”
- Increased resident awareness of community resources
- Residents responded favorably to learning about the Ages and Stages screening and felt it was valuable because of the depth of the screening.
- “I have an NGO in Nigeria. This experience provided me a vision and more hope.”



Hits & HIGHLIGHTS

Suggested Improvements:

- Provide more background (at orientation) and context for the ECA, HMG and PSP.
- Allow for some clinic experience prior to shadowing at HMG to allow for more context
- Increase the opportunities for direct experiences with the community

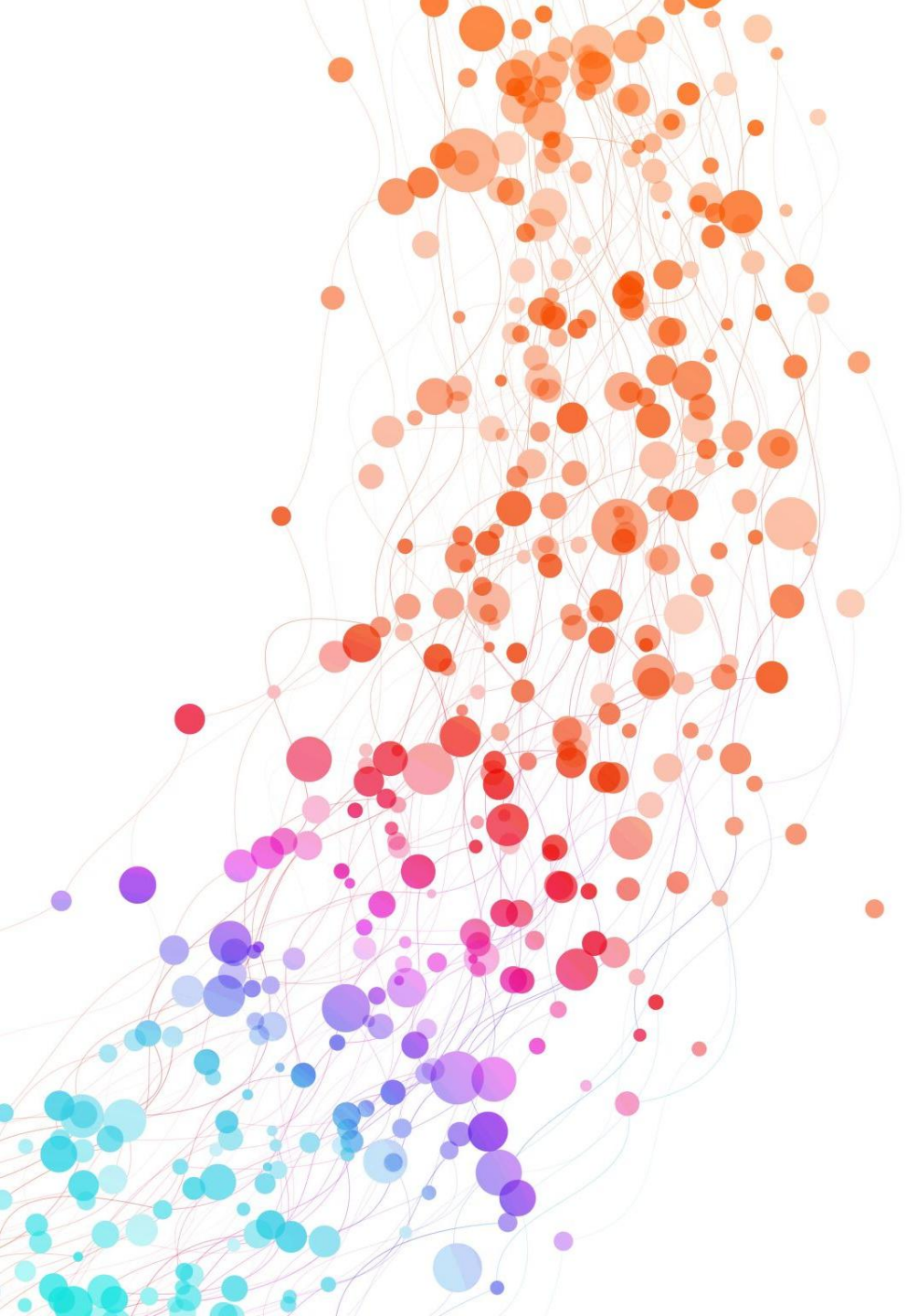


Hits & HIGHLIGHTS

Residents Favorites:

- Brain Game with Community (Nottingham and Henninger)
- Intern Orientation
- Loved the Community Meeting: esp. Tiffany's piece and "Period Poverty."
- Tabling at Summerwood



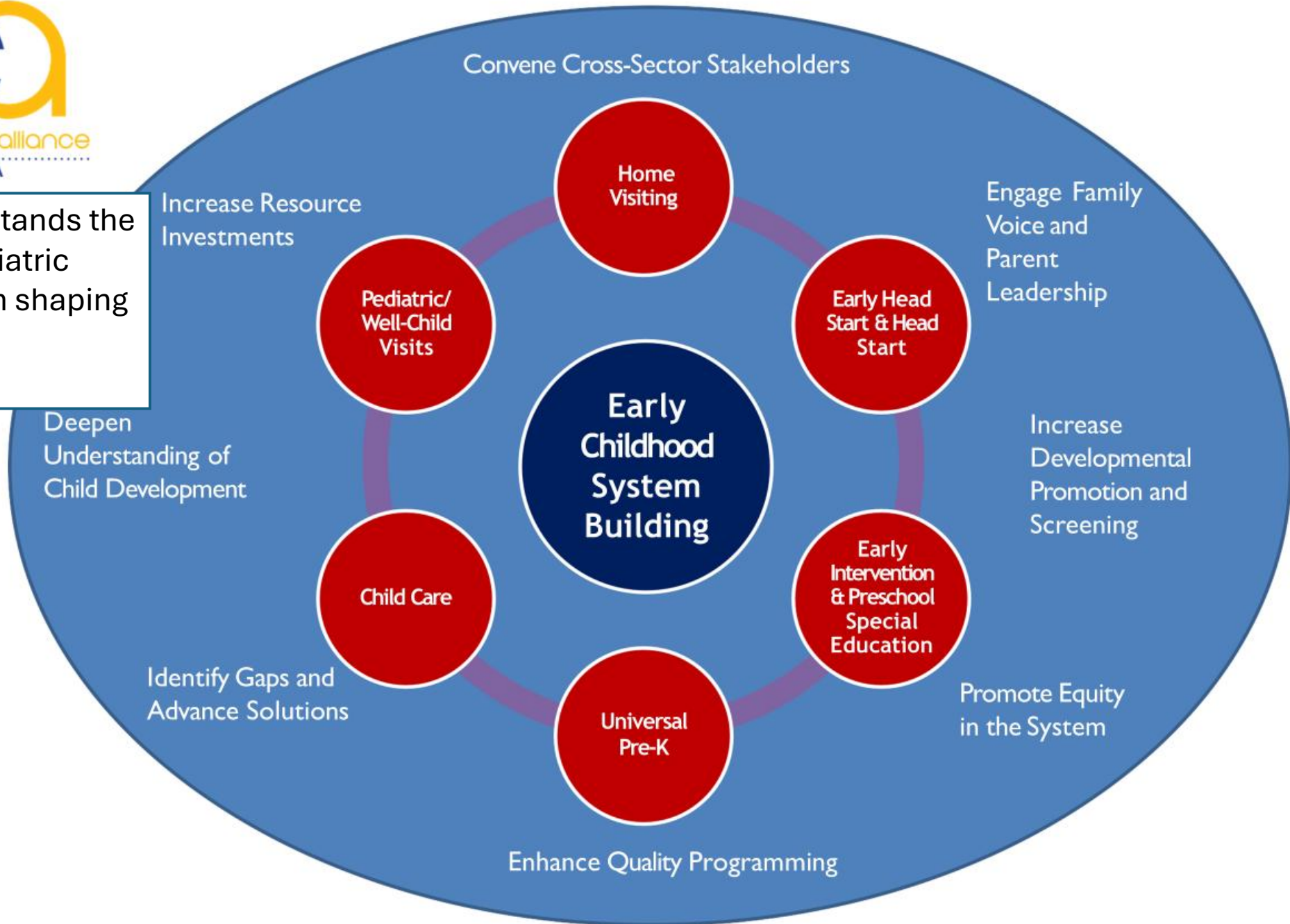


Why is the UPAC Advocacy Pathway important?

Why does the Early Childhood Alliance care
about the resident's experience?



The ECA understands the critical role pediatric providers play in shaping early childhood experiences.



Pediatrics Supporting Parents (PSP) Approach

The ECA understands the critical role pediatric providers play in supporting parents.

Goal 1: Family Voice

Increase **family voice** and engagement at UPAC:

- **Survey** and **interview** families to deepen understanding, begin connecting
- Launch and sustain the **Family Advisory Council**
- Formalize **feedback loops** and collaborative leadership opportunities with parents

Goal 2: Pediatrics Team

Expand UPAC's efforts to advance **early relational health (ERH)** and social-emotional development:

- **Promoting First Relationships** training for staff
- Integrate ERH in the well-child visit through **Reach Out and Read** and **Healthy Steps**
- **Residents Advocacy Pathway: HMG Experience**

Goal 3: Community Partners

Increase collaboration between UPAC & community organizations:

- **ERH Training & Professional Development** for community partners
- Expanded referral partnership with **Help Me Grow**
- Promote **Circle of Security** model for strengthening ERH

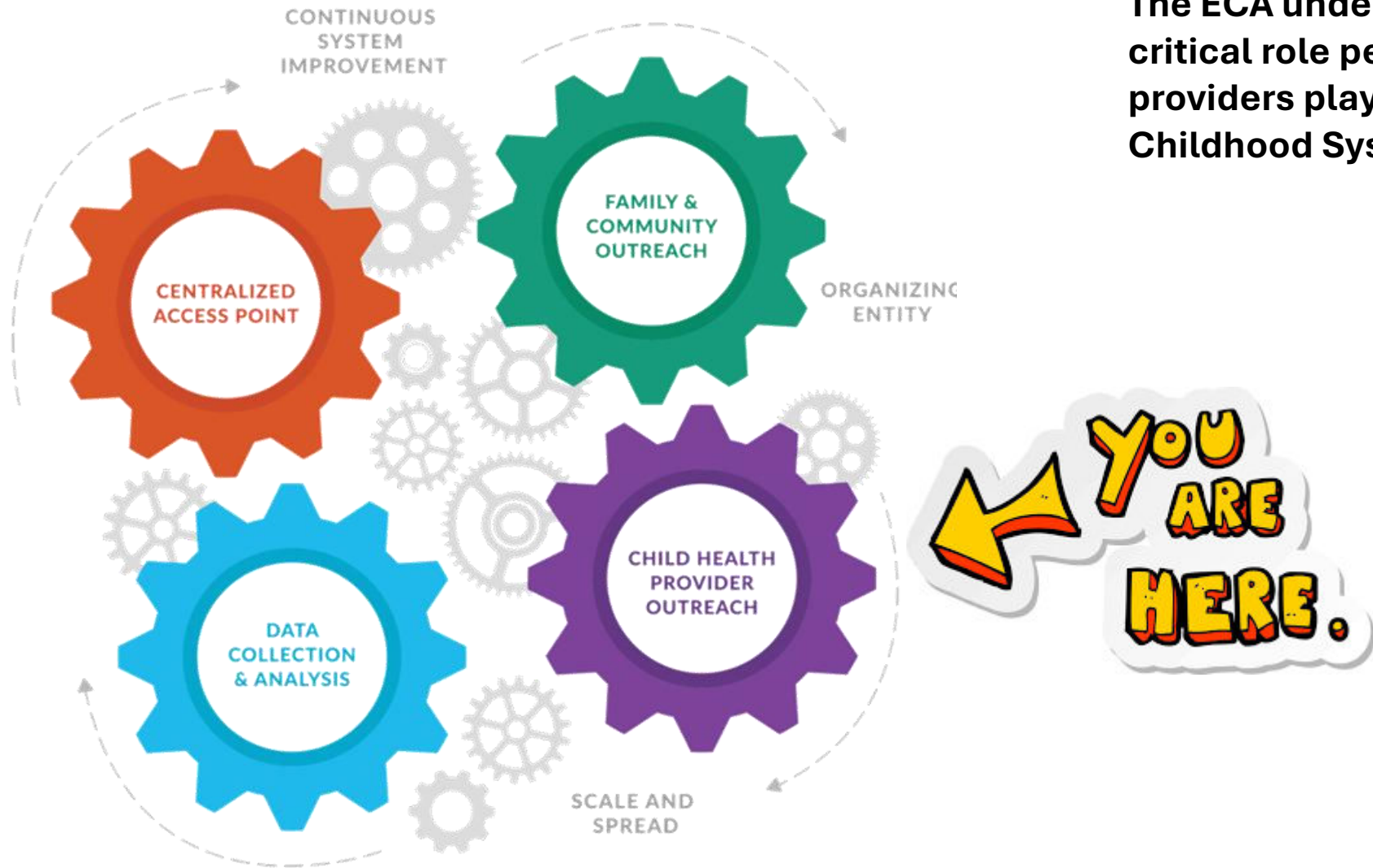
Goal 4: Systems Change

Establish **first year pediatric resident rotation** with Help Me Grow

Embrace **shared ERH language** throughout the community

Looking Ahead: Identify lessons learned with PSP UPAC to apply towards other pediatric practices in Onondaga County

Help Me Grow Approach



The ECA understands the critical role pediatric providers play in Early Childhood Systems Change



Immediate next steps:

- Co-create the scale up of UPAC Advocacy Pathway (HMG & UPAC)
- What trainings might they benefit from?
- Broaden offerings to include:
 - Attendance FAC
 - Tour of the City
 - Joseph's House, Chadwick House
 - Salvation Army Teen Group
 - Tabling at DSS
 - Community Events
 - Co-create with Residents Fall Event at Mall
 - Answering 211 calls

Longer-term:

- Co-design Year 2 for 2nd Year Residents in the Advocacy Pathway.
- Build continuity between HMG field experience and the goals of UPAC's Advocacy Pathway.



Discussion