



CHANGE IDEA: Integrate a protective factor/positive experiences protocol into well-child visits.

STEP 1: GET READY (TASKS)

- A. Identify a protocol. This example uses the Center for the Study of Social Policy's [Strengthening Families Framework](#).
- B. Select 1-2 [Protective Factor Action Sheets](#) (e.g., parental resilience, knowledge of parenting and child development, social-emotional competence of children).
- C. Orient pediatric and care coordination staff to the framework and action sheets.
- D. Adapt the sheets for clinic use (e.g., simplified language, translations, visual aids).
- E. Define the target population (e.g., caregivers of children under 3) and well-child visit intervals for testing.

STEP 2: PLAN AND PRACTICE

Pilot the Social-Emotional Competence of Children Action Sheet during well-child visits for a defined age group over a 1-month period (e.g., caregivers of children 18-36 months).

SAMPLE PROCESS:

- A. The provider or care coordinator introduces the action sheet at the end of the appointment.
- B. Staff highlight key points (e.g., recognizing feelings, building trust, managing emotions).
- C. Caregivers reflect on their child's emotional development and discuss questions.
- D. Staff offer follow-up resources if needed.
- E. Staff document whether the sheet was shared and any caregiver responses.

STEP 3: REVIEW AND REFINE

Gather provider and caregiver feedback on the usefulness and clarity of the action sheets. Assess workflow feasibility and the perceived value in strengthening family engagement.

STEP 4: EXPAND

If successful, introduce additional action sheets and expand use across more well-child visits or patient populations.

STEP 5: SUSTAIN

Integrate Protective Factor Action Sheets into the standard well-child visit toolkit. Establish a rotation schedule and staff training to ensure consistent use.

Periodically review use with staff and family advisors to assess relevance, ease of implementation, and caregiver engagement. Consider minor adaptations for improved accessibility.